

Educating Men for Others

August 25, 2025



Dear Parents and Students,

Welcome to the 2025–2026 school year at St. Paul's High School! I hope you have enjoyed summer and are looking forward to being back in school, connecting with friends and teachers, and embarking on a year of learning and community.

*Please read all the various enclosures in this mailing and reflect on how we can walk together to serve our school mission of forming men of faith and service: Men for Others. The enclosure titled **"2025–2026 School Year Information"** contains details to help students and parents navigate the first weeks of school. This document includes information about opening week, dress code, school supplies, bell schedules, school calendars, school communications, and more.*

All the general documents included in this welcome package, along with any other referenced documents, are available on the St. Paul's High School news blog at <https://www.stpauls.mb.ca/news/>. St. Paul's publishes news each Friday during the school year with event details and reminders, and news from the Parent Guild, Advancement Office, Student Council, and Maroon & White. The first online news post of the upcoming school year was published on August 22nd. Significant efforts are made to ensure information available on the school's news blog is complete and timely. Please let us know if you are ever unable to find the information you are looking for and we will assist you in getting the information you need and update the news blog accordingly.

I would like to draw your attention to the details of our annual Homecoming football game which will occur on Friday, September 26th at 7:00 p.m. I encourage you all to come out as it is sure to be a wonderful community event. The Varsity Crusader Football team will play against the Grant Park Pirates and there will be great food, drink, and music. This is a family friendly event and admission is free.

I hope you enjoy the last of summer break before we start the school year and I look forward to seeing you all soon!

God bless,

Kevin Sterner, Interim Principal



2025–2026 School Year Information

OPENING WEEK OF SCHOOL

TUESDAY, 2 September: Admin Day - NO SCHOOL



WEDNESDAY, 3 September: Grade 9 Orientation Day

- Grade 9: 9:00AM–1:30PM
- Dress Code: Casual



THURSDAY, 4 September: Textbook Distribution

- 8:30am: Grade 9
- 10:00am: Grade 10
- 12:15pm: Grade 11
- 1:45pm: Grade 12
- Dress Code: Casual
- Reminder: All students should bring a book bag and pen.



FRIDAY, 5 September: Regular Classes for All Students

- Schedule III: 8:30AM Start in Core Group Stations. Assembly to follow.
 - School Day: A
 - Dress Code II (Warm Weather Dress Code)
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DRESS CODE

Dress Code I: Regular Dress Code

- Effective: November 3, 2025–April 30, 2026
- Dress shirt with collar, tie optional
- Dress pants, socks, and dress belt
- Sport-coat, blazer, or suit-jacket
- Dress shoes

2025–2026 School Year Information

Dress Code II (Warm Weather Dress Code)

- Effective: September 6–October 31, 2025 & May 1–June 27, 2025
- Dress Code I with the following optional changes.
 - Option A: no suit jacket
 - Option B: St. Paul's polo may be worn in lieu of a shirt, tie, and suit-jacket.
 - Option C: St. Paul's polo worn with dress (chino) shorts (beige, navy, or black), and dress belt. Dress shoes and socks are replaced with athletic shoes and socks for this option.

Note: A St. Paul's branded, non-hooded sweater may be worn in lieu of a St. Paul's polo.

Dress Code V: Formal Dress Code

- Effective for all School Liturgies and other formal events as announced.
- Dress Code I with a required tie.
- Note: Our first school liturgy occurs on Wednesday, 11 September.

Physical Education Dress Code

- St. Paul's High School branded t-shirt and shorts
- Gym shoes (1 pair indoor, 1 pair outdoor (no cleats) and athletic socks (worn only for PE)

Dress Code Shopping Tips

Below is a suggested shopping list of dress code items available at the Crusader Shoppe.

- St. Paul's Polo Shirts (2–3 shirts)
- St. Paul's Sweater, non-hooded (1 sweater)
- St. Paul's T-shirt for Physical Education Class (1–2 shirts)
- St. Paul's Shorts for Physical Education Class (1–2 pairs)

Crusader Shoppe

Online shopping is available at <https://store.stpauls.mb.ca/>. Please wait to receive an email notification confirming your order is ready to pick up before coming to the school. Online orders may be picked up at the Front Office prior to the start of school. Once regular classes resume, the Shoppe will be open daily at lunch

The Crusader Shoppe will be open from 12:00PM–4:00PM on September 3rd (Grade 9 Orientation), 5:30PM–8:30PM on September 11th (Grade 9 Parent Orientation), and during Homecoming on September 20th.

2025–2026 School Year Information

Clothing Items Available from Other Stores

- Sport coat or Suit Jacket (1)
- Dress Shorts (1–2 pairs in beige, black, or navy)
- Dress Shirts with Collar (2–3 shirts)
- Dress Ties (1–2)
- Undershirts (several)
- Dress Pants (2–3 pairs)
- Leather Belt (1)
- Socks (several pairs of dress and athletic socks)
- Dress Shoes (1 pair)
- Athletic Shoes (1 pair for indoors and 1 pair for outdoors)

SCHOOL SUPPLIES

Students are expected to have standard school supplies including a 3-inch binder to hold course notes, loose-leaf paper, dividers, pens, and pencils, as well as a standard scientific calculator with DAL (Direct Algebraic Logic); teachers may be explaining other requirements to students on the opening days of classes.

Laptop Computers

Students are encouraged to purchase a laptop/ tablet for use at school. St. Paul's provides wi-fi access and a Microsoft 365 account to all students to support their learning. Microsoft Teams will continue to be our school's platform for the delivery of course materials and assessments throughout the school year.

Visual Arts Supplies

Students enrolled in Visual Arts must purchase an art kit from the Crusader Shoppe for \$65.00 plus taxes. Art kits purchased online will be delivered to students in class.

STUDENT HANDBOOK

The St. Paul's High School Student Handbook has been updated for the 2025–2026 school year and is available in electronic format. The e-Handbook contains clickable links in the Table of Contents for easy navigation. Students wanting to use a paper agenda book will be responsible for purchasing their own planner. Click [HERE](#) for the Student Handbook.

2025–2026 School Year Information

BELL SCHEDULES

We use a variety of schedules throughout the school year for different school events. Schedule I is our regular daily bell schedule and is in effect unless otherwise indicated on the school calendar. Click [HERE](#) for the Bell Schedules.

SCHOOL DAY

Access to the main body of the school is available at 7:30AM. The school closes at 5:00PM, except for supervised activities. While students are permitted in the building during these extended hours (7:30AM–8:25AM and 3:15PM–5:00PM), direct supervision is not provided. The school day begins at 8:25AM with a warning bell for period 1 and ends at 3:15PM. On regular school days, period 1 begins at 8:30AM and there is a 50-minute lunch break.

CAFETERIA FOOD SERVICES

Food services are available at Gene's Place, the St. Paul's High School Cafeteria. A menu and pricelist is included in this welcome package. Pre-paid meal cards are available for purchase from both the Cafeteria and the Cru Shoppe.

SCHOOL CALENDARS

The St. Paul's High School student/parent calendar is available to view online and can be synchronized with most computer calendar applications. View the following link to access the school's online calendar. Changes to the school calendar will automatically update. Click [HERE](#) for a year-at-a-glance calendar.

Click [HERE](#) for the St. Paul's High School Calendar.

St. Paul's High School student/parent calendar is available to view online and can be synchronized with most computer calendar applications. Changes to the school calendar are automatically published to this online calendar and will display in your calendar application once you have subscribed.

Use one of these two methods to subscribe to St. Paul's High School's online calendar.

- Click [HERE](#) to download an ICS file and then open the file in your calendar application (Microsoft Outlook, Google Calendar, or Apple Calendar). OR...
 - Visit <https://www.stpauls.mb.ca/events/> and scroll to the bottom of the page. Click the "Subscribe to the Outlook Calendar" button and follow the prompts.
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2025–2026 School Year Information

SCHOOL COMMUNICATION

Communication is a vital part of building trust and the quality of relationships necessary to form the kind of learning community we strive to build at St. Paul's. One of the most vital communication links is the one between home and school. That is, with what is best for your son in mind, it is important there is open and honest dialogue between home and school.

Parents wishing to speak with a staff member should call the school's main phone line, 204-831-2300, and follow the recorded instructions to leave a message. Staff members' email addresses are accessible via the PowerSchool Portal. In general, parents can expect a reply within 24 hours of making an enquiry. If after several tries you have not received a reply to a message please feel free to contact the Principal.

School Contacts

- **School Absences:** <https://go.schoolmessenger.com/> or 1-833-566-1229
- **General Enquiries:** Ms. Thea Bataller, tbataller@stpauls.mb.ca, 204-831-2300
- **Teachers:** for information about your son's progress in specific courses.
- **Counsellors:** General concerns about your son's progress.
- **Vice Principal Academics (VPA), Mr. Jason Hurton:** Academic program, procedures and policies, PowerSchool support. jhurton@stpauls.mb.ca, 204-831-2321
- **Vice Principal Students (VPS), Mr. Jeff Laping '89:** Attendance and/or discipline. jlaping@stpauls.mb.ca, 204-831-2309
- **Interim Principal, Mr. Kevin Sterner:** if your concerns have not been addressed by the primary contact. ksterner@stpauls.mb.ca, 204-831-2305
- **Executive Assistant to the Principal, Ms. Nadia Audino:** if you are experiencing problems with school mailings, report cards, or require an academic transcript. naudino@stpauls.mb.ca, 204-831-2316

POWERSCHOOL PORTAL

The PowerSchool Portal allows parents/guardians/students to view their son's attendance records, current grades, and details of past and future assessments. The Portal is available throughout the school year except the days leading up to Progress Reports in November and April and during the two exam periods in January and June. We encourage parents/guardians/students to use the Portal as a tool to monitor progress, set goals, and stay on top of deadlines.

2025–2026 School Year Information

The Portal is viewable using any web browser on a desktop/laptop computer or mobile device. PowerSchool has an App, PowerSchool Mobile, to access the Portal on mobile devices.

After downloading the App on your mobile device, you will need to enter the **District Code: PBXQ** to access the Portal for St. Paul's High School.

Returning parents already have active PowerSchool accounts. If you have a new student this school year, he has already been added to your existing PowerSchool account. Please contact Jason Hurton if you require assistance accessing your account.

New parents: PowerSchool account information is included in this welcome package.

SCHOOL ATTENDANCE

Daily school attendance is critical to student success and formation. **In addition to attending regular classes, participating in school liturgies, assemblies, retreats, and school activity days are compulsory for all students.** The school expects all students to attend these events as they are integral to our school's mission and building community at St. Paul's. Please avoid scheduling appointments or excusing your sons' absence from these events. Where possible, days with late starts for students and no school days should be used for appointments or activities that would otherwise result in school absences. The school strongly discourages planning family trips or other activities that result in multiple-day absences while school is in session.

Click [HERE](#) for a list of key dates for the 2025–2026 school year along with other important information items.

Reporting Student Absences

Please use SchoolMessenger or call **1-833-566-1229** to report student absences and other times when your son may need to leave during the school day. SchoolMessenger allows parents to enter departure and return times or to report full day absences. Call the school's general line, 204-831-2300, if SchoolMessenger or the phone number above are not working.

Click [HERE](#) for detailed instructions for setting up and using SchoolMessenger.

2025–2026 School Year Information

Student Appointments

When appointments during the school day cannot be avoided, students are to report to the Reception Desk just prior to leaving for an appointment and they are to report back at Reception if/when they return to school that day. The school will not interrupt classes in session to call a student out for an appointment except in the case of a serious emergency. Otherwise, the student will be called to the Reception Desk at the next class break. This policy is in place to maintain a positive learning environment free from disruptions.

Planned Absence Requests

Requests for planned absences of three or more school days are made to the VPS using a Planned Absence Form. Planned Absence forms are available at the front desk, or the office of the VPS. Students are expected to write exams at the end of each semester as scheduled. Planned Absence procedures are available in the Student Handbook.

COURSE CHANGES

Student timetables are included in this welcome package. Course changes will be available during the opening days of school. Students may request Semester 1 course changes through their counsellors until Monday, 22 September. The course change deadline for Semester 2 courses is Monday, 23 February.

Course Change Procedure

- Students are required to meet with their counsellor to discuss possible course changes. Students are welcome to discuss available courses with the VPA prior to meeting with their counsellor.
- With their counsellor's help, students will complete a Course Change Request Form. Students will have to obtain permission for the course change either by having the form signed by their parents or by having the counsellor confirm the change with a parent over the phone.
- The completed form must then be submitted to the counsellor. Upon receiving a course change request, the VPA will either approve the request and arrange for a new timetable, or if the request is not approved, return the form to the student's counsellor. Approval is usually a factor of space availability in the desired course or compatibility with the other courses in a student's academic program.
- If a course change request is approved the student can view his revised timetable through the PowerSchool Mobile App. Additionally, students may request a printed timetable in the VPA office.

2025–2026 School Year Information

TRANSPORTATION AND PARKING

Dropping Off / Picking Up Students

Students are to be dropped off or picked up at either the Student Parking Lot located off Bower Boulevard or the MultiPlex Parking Lot located off Holland Boulevard.

In both cases, please enter the parking lot and then loop through the entire lot one way to ensure the orderly flow of traffic and reduce the risk of an accident. Please do not stop in the middle of the lane, but instead, pull forward as much as possible, stop briefly to allow your son to exit your vehicle, and then exit safely.

Exiting Parking Lots

When exiting either parking lot, please remember it is a right turn only. The Winnipeg Police Service will ticket drivers who turn left in violation of the right turn only signage.

Students may be dropped off on Laidlaw Blvd. and then walk across Grant at the crosswalk. Please remind your son to be careful using the crosswalk.

Parking Expectations

- Do not drop-off and pick-up on Holland Boulevard.
- Do not drive into the Faculty parking area located off Holland Blvd.
- Do not drive into the front entrance parking loop off of Grant unless you (parent) are coming in to the school.

We have determined that it is unsafe for students to be dropped off in the above areas of the school property. Our community neighbours living on Stanford Bay and on Laidlaw Blvd. have requested that individuals drive carefully and not drive into or block driveways.

Please also note that the south drive running west to east behind the main school building is a ONE WAY drive starting from Bower Boulevard heading east toward Holland Boulevard until it reaches the area just past the Multiplex and Angus Reid Wing. The only exception allowed is for staff who park behind the building who are traveling in either direction prior to 9:00AM.

Winnipeg Transit Bus Stops

Winnipeg Transit has adjusted the location of the stops and will no longer have a stop directly in front of the school. Instead, students will need to use the stop in front of Shaftesbury High School or near Kelvin Blvd.

2025–2026 School Year Information

Parking Passes

Students driving to school and parking on campus will require a parking pass. Student parking is limited to the Student Lot or the MultiPlex Lot, as designated by the Vice Principal Students (VPS). Parking tags must be displayed whenever the vehicle is parked on school property. Unregistered vehicles are subject to being fined or towed. The parking pass form is available from the VPS, Jeff Laping.

Bicycles

Students using bicycles must lock them in the racks adjacent to the Student/MultiPlex parking lots. We advise that students use chains to secure their bicycles and not insulated wire locks that can be cut. Please remember bicycles are not allowed in the school. Violators' bicycles may be impounded by the VPS.

GRADE 9 PARENT ORIENTATION: THURSDAY, 11 SEPTEMBER, 6:00–8:00PM

Parents of Grade 9 Students should attend. This is a great opportunity to meet your son's first semester teachers, meet other new parents, and learn how you can support your son in his education at St. Paul's. Further details to come.

Education for Life



SchoolMessenger Account Set-up Instructions

SchoolMessenger is St. Paul's High School's communication tool for reporting student absences, including appointments during the day, late arrivals, or early departures from school. In addition, SchoolMessenger is used to inform parents/guardians when students are absent and have not been reported absent by a parent/guardian and for emailing school communications.

St. Paul's High School requires that each student has at least one parent/guardian registered with a SchoolMessenger account for the purpose of reporting school absences.

If you already have a SchoolMessenger account from a previous school or because you already have a student at St. Paul's, your new St. Paul's student will be added to your existing account. If your new student does not appear in your account, go to the "Contacts" section in SchoolMessenger and click the sync button. Otherwise, please sign up for a SchoolMessenger account using the steps below.

Sign up for a SchoolMessenger Account

1. Go to <https://go.schoolmessenger.ca/#/account/signup>. You **MUST** use the same email address registered in the St. Paul's High School PowerSchool Portal. If you need to verify your email address, log into the PowerSchool Portal and click Account Preferences. **NOTE: personalized information to initialize your PowerSchool account will be included in your mailing.**
2. Once you sign up, you will get a validation message sent to your email address. You must follow the link in the email to verify your account. Check spam and junk folders for this email if you do not receive one right away.
3. Once you have activated your account, you are ready to log into your account.
4. On first login you may be presented with a pop-up window to "consent to call" the phone numbers we have on file. You can choose whether to allow telephone calls to the numbers indicated. You must select at least one telephone number for School Hour and Non-School Hour emergency type messages.
5. When logged in, click the menu (upper-left) and click "Preferences" to set your notification preferences.
6. Select the notifications you wish to receive for each message type. SMS, Email and Telephone should all be available options. Green means notification is on, grey means notification is off. Click "Save" after making changes.
7. Optional: Download the SchoolMessenger app from the App Store (iOS) and Google Play (Android). Use the email address and password you used to sign up to login to the App.

over...

Education for Life



Using SchoolMessenger to Report Absences / Early Departures / Late Arrivals

Use any of the following four methods:

1. Log into your SchoolMessenger account: <https://go.schoolmessenger.ca/> Select “Attendance” from the menu at the top-left then click the + symbol beside “Report an Absence.”
2. Log into your PowerSchool account: <https://powerschool.stpauls.mb.ca/public/> Click “SchoolMessenger” at the bottom-left of the navigation menu, select “Attendance” from the menu at the top-left then click the + symbol beside “Report an Absence.”
3. Use the SchoolMessenger App from the App Store or the Google Play Store. The first time you use the app, select Sign Up to create your account. Select “Attendance” from the menu at the top-right and then click the + symbol beside “Report an Absence” at the bottom-right.
4. Call the toll-free number [1-833-566-1229] using the automated phone system.

The above options are available 24 hours/day, 7 days a week. Future absences may be reported at any time. **SchoolMessenger will not allow absences of 3 or more consecutive days to be reported.** In this situation, please call the school at 204-831-2300 to report absences and for further guidance.

Please note that absences reported using SchoolMessenger may not be synchronized with PowerSchool until the daily attendance is reconciled at the end of each school day. Whenever possible, please submit student absences through SchoolMessenger no later than 8:00 a.m. on the date of the absence. Please wait until the following calendar day to contact the school if PowerSchool is not reflecting the absence details you submitted using SchoolMessenger.

Planned Absences

For planned absences, please submit a Planned Absence Form available at Reception or from the Vice Principal Students.

Thank you for your cooperation in this matter. I hope you will find SchoolMessenger an effective and streamlined method for communicating with St. Paul's High School regarding student absences. Please contact the school, contact-us@stpauls.mb.ca, if you have questions about this process or require assistance signing up for your SchoolMessenger account.

Educating Men for Others

August 21, 2025



Re: New Cru Day

Dear Parents/Guardians,

Welcome to St. Paul's High School!

The Faculty, Staff, and students of St. Paul's are looking forward to meeting your son! His first day of school is on *New Cru Day*, where he will meet many of his classmates, teachers, receive a tour of the school, participate in group activities, and be introduced to many of the things that make St. Paul's unique. *New Cru Day* is crafted to be a fun and welcoming experience!

When: Wednesday, September 3, 2025 | 9:00 a.m. to 1:30 p.m.

Arrival: Students are to be dropped-off at the **Bower Boulevard Student Entrance** beginning at 8:30 am. Please do **not** drop off your child at the front entrance off Grant Ave.

Important Notes:

- **Dress Code III: Relaxed Dress Code** is in effect on Orientation Day. Students do **not** need to wear Dress Code I (suits) or Dress Code II (golf shirts). Dress should be casual but neat. Clothing must not be torn, frayed, dirty, or have holes. No pajama pants. No clothing with objectionable images or anything that would conflict with the School's Catholic values.
- Students will be assigned a locker and will receive a **lock** from the School. Use of any other locks is not permitted.
- The School will provide lunch for each student. If your son has **dietary restrictions**, please send an email to Fr. Marc-André Veselovsky, SJ, *New Cru Day* Coordinator, no later than Friday, August 29 (contact information below).
- Students can bring their own **reusable water bottle** for use throughout the day.
- There is **no formal class** on *New Cru Day*. There is no need to bring a backpack or school supplies on this day.

Thank you for your time and attention. We are thrilled for your son to join the St. Paul's community!

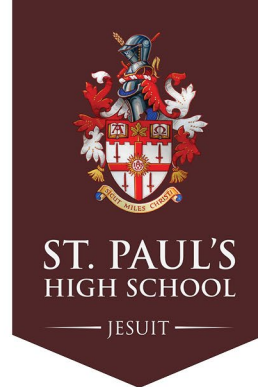
Sincerely,

New Cru Day Team

mveselovsky@stpauls.mb.ca

(204) 831-2337

Education for Life



Parents of Grade Nine Students,

Congratulations on your child's acceptance to St. Paul's High School, and welcome to the St. Paul's community as parents. We, the members of the counselling department, are looking forward to building positive relationships with your family over the next four years as we work to support your child's growth and development.

We are excited to extend a warm welcome our new students with a day of fun and an opportunity to meet other students in a relaxed environment at Camp Day, held at **Camp Manitou on Friday, September 12th**. Activities will be supervised by camp staff as well as St. Paul's teachers, and will include engaging experiences such as a climbing wall, zip-lining, archery, kayaking/canoeing, team games, biking and a low ropes course.

Students will meet in the Cass Gym at St. Paul's at 8:30 a.m. (regular school start) and depart shortly thereafter by school bus. The route is 12.5 km and should take approximately 15 minutes. Return buses will leave the camp at 2:40 and should arrive back at St. Paul's at approximately 3:00 p.m for an early dismissal. An "all you can eat" pizza lunch will be provided. However, if your child has dietary restrictions/preferences, please have him pack a bagged lunch. Students should **bring a refillable water bottle** for use throughout the day, as well as **a beverage for lunch**. Students are welcome to wear casual dress but should be prepared to stay outside all day. Depending on the weather, dressing in layers, a hat, and sunscreen may be wise.

There is no cost to parents for this outing.

A permission slip and a waiver form will be sent to you electronically in the coming days.

If you have questions, feel free to contact your son's counsellor once school begins.

Stacy Dainard: sdainard@stpauls.mb.ca

Jennifer Kolton: jkolton@stpauls.mb.ca

Anna McGill: amcgill@stpauls.mb.ca

Raymond Comeault: rcomeault@stpauls.mb.ca

Justin Daman: jdaman@stpauls.mb.ca

Best wishes,

Jennifer Kolton



CAR POOL

St. Paul's High School is compiling a list of students interested in car pooling for the 2025-26 school year. The list will be categorized according to postal code to enable you to see if there is someone living in your area who is also interested in car pooling. This information will be available to parents and students at the Front Office and may be checked anytime during school hours throughout the school year. Should your plans change, you may add or remove your name accordingly.

If you have any questions, please contact Mrs. Thea Bataller via email at tbataller@stpauls.mb.ca

My son is interested in participating in a car pool for the 2025-2026 school year:

Please Print

Student Name: _____

Address: _____

Postal Code: _____ Grade: _____

Parent Name: _____

E-mail: _____

Phone Number Day: _____ Evening: _____

If you wish to sign up for car pooling, please fill out this form and return it to the Front Desk of the school no later than

Friday, September 19th, 2025.

GENE'S PLACE

ST. PAUL'S HIGH SCHOOL CAFETERIA

PRICE LIST SEPTEMBER 2025

ALL PRICES INCLUDE TAX

BREAKFAST MENU

Full Breakfast- \$7.75

2 eggs, bacon or sausage, hash browns + toast

Cru Breakfast- \$9.00

3 pancakes, 2 eggs, bacon or sausage, hash browns + toast

Breakfast Wrap- \$7.75

2 eggs, bacon, hashbrowns, cheddar cheese, and chipotle sauce in a tortilla shell, grilled

Omelette (3 eggs)- \$8.50

Served with hashbrowns & toast
(Bacon or Cheese Omelette)

French Toast Cinnamon Bun- \$7.75

French Toast with bacon- \$7.75

Breakfast Bun- \$4.50

Egg, bacon, and cheese

Breakfast Bun Special- \$7.75

2 Breakfast Buns

LUNCH SPECIALS- \$9.50

(ONE SPECIAL PER DAY)

THE FOLLOWING LUNCH SPECIALS ARE SERVED WITH YOUR CHOICE OF SALAD OR FRIES:

Chicken Burger	Chicken Quesadilla
Clubhouse Wrap	Crispy Chicken Caesar Wrap
Deluxe Cheeseburger	Deluxe Cheese Dog
Gyros	Pulled Pork on a Bun
Soft Taco	Chicken Pita

THE FOLLOWING LUNCH SPECIALS ARE SERVED AS LISTED:

- Butter Chicken on rice with naan bread
- Chicken Alfredo with Pasta served with garlic toast
- Chicken Stir Fry served with rice
- Hot Turkey Sandwiches with roasted potatoes + gravy
- Hot Roast Beef Sandwiches served with mashed potatoes + gravy
- Lasagna served with salad + garlic toast
- Spaghetti with meatballs served with garlic toast
- Roasted Chicken served with potatoes and mixed veggies

LUNCH MENU

Sandwiches:

Grilled Cheese- **\$4.25**

Double Decker Grilled Cheese- **\$5.75**

Grilled Cheese with bacon- **\$5.25**

Tuna, Egg, Chicken Salad- **\$6.25**

Soup (Made Fresh Daily) - \$3.50

Beef Barley

Chicken Noodle

Cream of Mushroom

Lemon Rice

Cheese Broccoli

Cream of Cauliflower

Potato Leek

Minestrone

French Fries:

Small- **\$5.00**

Large- **\$6.00**

French Fries with Gravy:

Small- **\$6.00**

Large- **\$7.00**

Poutine:

Small- **\$7.75**

Large- **\$8.75**

Garlic Bread- \$3.00

2 slices

Greek Salad (Made Fresh Daily)- \$7.50

Add grilled chicken breast - **\$3.00**

Baked Goods (Made Fresh Daily) - \$1.00 - \$5.00

Apple Jacks

Cinnamon Buns

Danish

Muffins

Rice Krispy Squares

Brownies

Cookies

Donuts

Puff Wheat Squares

PRE-PAID MEAL CARDS

PRICES INCLUDE TAX

5 Breakfasts (no drink)- **\$34.00**

5 Breakfasts (includes 473 ml milk)- **\$48.00**

5 Lunch Specials (no drink)- **\$44.00**

5 Lunch Specials (includes a can drink)- **\$52.00**

5 Lunch Specials (includes 473 ml milk)- **\$57.00**

Pre-Paid Meal Cards may be purchased in the cafeteria. Please make cheques payable to:
Tom Papaioannou

*Please note that pre-paid meal cards must be used in the same school year of purchase.



☐ Steroid Dependence (e.g., congenital adrenal hyperplasia, hypopituitarism, Addison's disease) What type of steroid dependence has the child been diagnosed with? _____	
☐ Osteogenesis Imperfecta (brittle bone disease)	
☐ Gastrostomy Feeding Care Does the child require gastrostomy tube feeding at the community program? ☐ YES ☐ NO Does the child require administration of medication via the gastrostomy tube at the community program? ☐ YES ☐ NO	
☐ Ostomy Care Does the child require the ostomy pouch to be emptied at the community program? ☐ YES ☐ NO Does the child require the established appliance to be changed at the community program? ☐ YES ☐ NO Does the child require assistance with ostomy care at the community program? ☐ YES ☐ NO	
☐ Clean Intermittent Catheterization (IMC) Does the child require assistance with IMC at the community program? ☐ YES ☐ NO	
☐ Pre-set Oxygen Does the child require pre-set oxygen at the community program? ☐ YES ☐ NO Does the child bring oxygen equipment to the community program? ☐ YES ☐ NO	
☐ Suctioning (oral and/or nasal) Does the child require oral and/or nasal suctioning at the community program? ☐ YES ☐ NO Does the child bring suctioning equipment to the community program? ☐ YES ☐ NO	

Section III - Authorization for the Release of Medical Information

I authorize the Community Program, the Unified Referral and Intake System Provincial Office, and the nursing provider serving the community program, all of whom may be providing services and/or supports to my child, to exchange and release medical information specific to the health care interventions identified above and consult with my child's physician(s), if necessary, for the purpose of developing and implementing an Individual Health Care Plan/Emergency Response Plan and training community program staff for _____.
 (child's name)

I also authorize the Unified Referral and Intake System Provincial Office to include my child's information in a provincial database which will only be used for the purposes of program planning, service coordination and service delivery. This database may be updated to reflect changing needs and services. I understand that my child's personal and personal health information will be kept confidential and protected in accordance with *The Freedom of Information and Protection of Privacy Act* (FIPPA) and *The Personal Health Information Act* (PHIA).

I understand that any other collection, use or disclosure of personal information or personal health information about my child will not be permitted without my consent, unless authorized under FIPPA or PHIA.

Consent will be reviewed with me annually. I understand that as the parent/legal guardian I may amend or revoke this consent at any time with a written request to the community program.

If I have any questions about the use of the information provided on this form, I may contact the community program directly.

 Parent/Legal guardian signature

 Date

 Mailing Address

 Postal Code

 Phone number

Educating Men for Others



St. Paul's Recommended Laptop Specifications

St. Paul's High School **does not require a laptop** to be purchased for school use, but **students will find it beneficial** to have for in class essay writing, projects and research. Students at St. Paul's are provided a subscription to Microsoft 365 which includes Word, Excel and Teams. Microsoft Teams is used for school and course specific communication.

The school suggests the following **minimum** specifications for laptops:

CPU: Intel i3 or AMD Ryzen 3 or Apple M3
RAM: 8GB
Storage: 128GB

The school suggests the following **preferred** specifications for laptops:

CPU: Intel i5/Core 5/Ultra 5 or AMD Ryzen 5 or Apple M4
RAM: 16GB
Storage: 256GB

The following devices are recommended devices. These devices (with the recommended specifications from above) should last the student through their four years at the school. Extended warranty with damage protection is strongly recommended.

1. Windows 11 laptop (Recommended brands: Lenovo, HP, Microsoft, Acer)
2. MacBook Air 13"

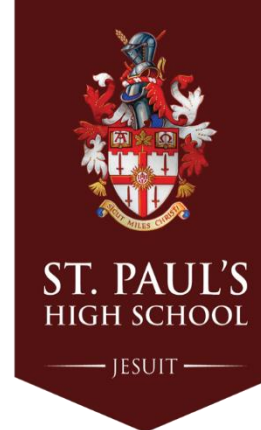
If the students want to use a touch device with a stylus, an iPad or Microsoft Surface could replace the laptops above if a keyboard is purchased for the device. **Chromebooks are not recommended** due to limitations in software compatibility, offline functionality and processing power. **Phones are also not recommended as a primary device** because of their limited typing ability and general functionality. If you have any questions, please message Jason Hurton at jhurton@stpauls.mb.ca.

St. Paul's Library Temporary Laptop Lending Policy

1. Library laptops are strictly for **temporary and occasional use**. They are not meant to be a student's personal note-taking device for everyday use. Library laptops may only be borrowed for **one school day** and must be returned to the library before the end of the day.
2. They are available only to students who:
 - Have **forgotten their own device** for the day.
 - Require a laptop because **their personal device is under repair** but will be returned to them in the very near future.

Educating Men for Others

August 22, 2025



Dear Parents,

The Advancement Department supports the community of St. Paul's High School by raising funds for students in need, capital projects and school programs. We also organize events to gather as a community and keep connected with our alumni. Annual events, including class reunions, chapter reunions across Canada, the Alumni Golf Tournament, Homecoming and an Alumni Speaker Series, help keep our alumni network strong.

We invite you to join us in supporting the following events and initiatives:

Homecoming

Friday, September 26, 2025 7PM Kick Off

Admission is free and all are welcome to come cheer on the Crusader Varsity Football Team playing "under the lights", as well as enjoy food vendors, beer garden and music. Cru Shoppe will be open!

Crusader Cash Raffle supporting School Programs & Grad October 2 – November 20, 2025

Proceeds of the Crusader Raffle will benefit **School Programs** and the Grade 12 ticket sales will support the **Grad Fund**. Students are asked to sell \$200 in tickets and we aim for 100% participation. Information will be circulated in early October.

SPHS Tribute Dinner honouring Dr. Jerome Cranston

Tuesday, November 18, 2025

You are invited to join us in honouring Dr. Jerome Cranston at the 30th Annual Ignatian Challenge Award Tribute Dinner, benefiting the Bursary Fund. Tickets and sponsorships are available at www.stpauls.mb.ca/events/tribute_dinner.

St. Paul's High School Fashion Show

Monday, March 23, 2026

Join the Class of 2026 in supporting the **Magis Fund**, which provides financial assistance ensuring all students can fully participate in school life. Tickets and sponsorship opportunities will be available on our website in the new year.

Please reach out to me if you have any questions or want to discuss opportunities to support our school community. I can be reached at kjmoore@stpauls.mb.ca or 204-831-2325.

I look forward to working with you and wish your son a successful school year.

Warm regards,

Kerri Moore

Head of Advancement and Special Projects



Parent Guild Handbook **2025-2026**



Meet the Parent Guild

As a volunteer at SPHS, you never have to do it alone. You are provided with support, clear direction and there is always a team available to help. If you require more information than is provided in this information package or on our website, please do not hesitate to contact the 2025-26 Parent Guild Executive.



Kelly Morganti '27
President
kmorganti@uapinc.com
204-509-1088



Jennifer Melo '27
Vice President & Treasurer
jendmelo@gmail.com
204-997-0776



Karen Andersen '27, '28
Volunteer Coordinator
volunteercoordinator@stpauls.mb.ca
204.781.3497



Jacquie Johnson-Weight '28
Communications Officer
jmjohnsonweight@gmail.com
204-391-4997



Nadia De Luca '26
Secretary
nadiadeluca@shaw.ca
204-791-9842



Rosie Gupta '28
Member at Large
rosiegupta@shaw.ca
204-294-6817



Erin Bodnarchuk '28
Crusader Shoppe Manager
ebodnarchuk@stpauls.mb.ca
204-292-7047

The 5 W's, Answered

WHEN SHOULD I START?

Immediately! Many of the extra- value activities and events that occur at St. Paul's are a direct result of the tremendous support received from parent volunteers. They could not take place without the commitment of all our families. In addition, the earlier you get involved, the more bonds you form.

WHY SHOULD I GET INVOLVED?

St. Paul's High School Parent Guild provides a chance for families to engage in service and to develop school relationships. This parental involvement will enhance the school experience for the boys, as they become Men For Others.

WHAT WOULD I DO?

The staff and the parent guild organize many events during and after school. The parent volunteers help coordinate food and beverages for these events. Volunteers also help with set up, decorating, selling merchandise in the Cru Shoppe and just being a friendly face.

WHERE DO I START?

Read through the next few pages to familiarize yourself with some of the volunteer opportunities that are available. Scan the QR Code below or click the "Sign Up" button on the school website under the Parent Tab at the top of the Home Page.

SIGN UP HERE





BUILDING COMMUNITY THROUGH HOSPITALITY

Always Gathering

As members, all parents/ guardians are welcome to attend the Guild meetings. Meetings are regularly scheduled throughout the year, typically on the 1st Wednesday of the month at 7:00PM. We endeavor to stay within a one-hour time frame. Specific dates can be found on the school website under the Parent tab on the Home Page.

Always Communicating

The Guild keeps its members up-to-date with email messages through "Sign Up". We also send updates that are published in the school's weekly newsletters. We strongly encourage you to check out the school's website and the new Parent page.

Always Helping

Part of the Guild's mandate is to provide ongoing support to those who help promote and run activities and events throughout the year. Each event has a folder of pertinent information on "how-to" organize and run the activity. Guild members are available to answer any questions you may have. Kate Brito, Executive Assistant to the President, is also a huge help to the Guild program.



Ongoing Activities

These are activities that the Parent Guild undertakes all year long.

GENERAL VOLUNTEERS

If you are unsure of your availability, then this may be a good place to start. There are day and evening slots throughout the year. You will be notified via "Sign Up". As time gets closer to an event, you will receive a notification that volunteers are needed. If you can work it into your schedule, then check off your availability. If you're not available, there is no need to reply. It's as simple as that!

HOSPITALITY BAKING LIST

Each year the Guild compiles a list of parents who love to bake. This is a unique volunteering opportunity that provides much-loved home baking while helping offset the Guild's costs for our Hospitality Events.

Notifications will go out during the year and you can sign up to bake for those events that fit into your schedule.

CRUSADER SHOPPE VOLUNTEERS

Volunteers are not required to have cash or retail experience. You can sign up for lunchtime shifts, for Homecoming or special hospitality events.

The Crusader Shoppe offers dress code clothing, spirit wear, bibles, miscellaneous school supplies, lunch cards and candy, The Shoppe is open every school day during the lunch hour and during special events.

Volunteering with the Shoppe is a great way to meet other parents and see the boys during their lunch period.



Ongoing Activities

These are activities that the Parent Guild undertakes all year long.

NEARLY NEW SHOPPE

During special events and parent teacher interviews, our Nearly New team will need a few additional volunteers to help sell gently used clothing. The Nearly New Rack provides gently used Dress Code clothing items and CRUwear that can be purchased at bargain prices. All monies raised go to the St. Paul's Community Christmas Hampers program.

GRADE 9-12 BAKE SALES

These volunteers sell baking during lunch hour. Three to four volunteers are required to run the Grade Bake Sales. Volunteer tasks include setting up the bake sale table, selling the baking, counting the money and cleaning up. (Another group of parents provides the baking).

Grade Bake Sales are held on a selected Thursday in October, November, February and April and provide the students with an opportunity to purchase treats at lunchtime. Profits are donated to the SPHS Christmas Hamper Program.



CHRISTMAS DECORATING COMMITTEE

Set-up occurs in late November, while take-down happens during the first week back from Christmas Break (prior to the School Open House). This volunteer group is responsible for transforming the front foyer of the school for the Advent Season. The group assembles and decorates two large Christmas trees, arranges poinsettia plants and setting up any additional decor. We need four to five parent volunteers to help with both set up and then take down in the new year.



Hospitality Events

2025- 2026

These are functions for which the Parent Guild provides food and/or refreshments at various times throughout the year



NEW PARENT EVENING September 2025

Volunteers are required to help organize, purchase and pick up supplies for the event. Volunteers are needed to help before the event to set up, during the event to serve refreshments and after the event to clean up. This is a great opportunity to meet new parents joining the St Paul's Community.

HOMECOMING – CRU SHOPPE September 2025

Volunteers are needed to help before the event to set up, during the event to serve refreshments and after the event to clean up. This is a great opportunity to meet new parents joining the St Paul's Community.

PARENT SOCIAL EVENING December 2025

Held in Alumni and Friends Hall. The Social Evening requires 10-12 volunteers to help organize this fun event, pick up supplies and help set up & take down event. This is an evening for parents to socialize in a fun and relaxed setting.



Hospitality Events

2025- 2026

These are functions for which the Parent Guild provides food and/or refreshments at various times throughout the year

GRADE 12 PIZZA LUNCH WITH THE PRESIDENT OCTOBER 2025

Approximately 4-6 volunteers are needed on the day of the event. This lunch is sponsored by Interim President Bob Lewin to kick off the Class of 2026's graduating year. Volunteers are needed to pick up drinks & desserts and to order the pizza in advance of this day.

JUNIOR DEBATE NIGHT

A light snack and refreshments are provided to the competitors, judges and fans during the evening. We need 2-4 volunteers to pick up supplies and help out before, during and after the event.

CAREER DAY

Early November 2025

A light snack and refreshments are served to the presenters who come to the school and talk about their careers. 2-3 volunteers are needed to pick up supplies and to set up/clean up the day of the event.

PARENT TEACHER CONFERENCES

Mid November 2025

Refreshments are served during both days of Parent Teacher Conferences. It takes 4-6 volunteers to pick up supplies and help out each day of the event

ADVENT BAND CONCERT

Late November 2025

The coordinators require 6-8 volunteers to help pick up supplies, arrange baking on trays and provide set up and clean up on the day of the event. A reception for approximately 500 people is held in the cafeteria following the evening concert.

Hospitality Events

2025- 2026

These are functions for which the Parent Guild provides food and/or refreshments at various times throughout the year



THE FRESHMAN RETREAT (TFR) DECEMBER 2025

The coordinator needs 2-3 volunteers to help with the set-up of the various meals and snacks that are served throughout the retreat. Volunteers are needed for Thursday evening, Friday during the day, and Saturday morning.

CHRISTMAS STAFF BRUNCH DECEMBER 2025

A special brunch is organized by parent volunteers for the St. Paul's High School Faculty & Staff (about 75 people). Volunteer tasks consist of picking up supplies, helping with decorations, delivery of items, and hosting the event.

OPEN HOUSE JANUARY 2026

8-10 volunteers are required to complete tasks such as picking up supplies, setting up before the event and cleaning up afterwards. This evening event offers interested families an opportunity to come and hear about the school, while enjoying our traditional hospitality.

CATHOLIC SCHOOLS' DAY FEBRUARY - EVERY TWO YEARS

Refreshments and lunch are served to visiting teachers during Catholic Schools Day. 2-4 Volunteers are needed to preorder food and to then to serve on the day of the visit.



Hospitality Events

2025- 2026

These are functions for which the Parent Guild provides food and/or refreshments at various times throughout the year



STAFF APPRECIATION WEEK FEBRUARY 2026

The Co-Ordinator requires 4-6 volunteers to help pick up supplies, assemble a staff treat take home gift and set up a baking/coffee treat day for the staff during appreciation week.

ANGUS REID DEBATE TOURNAMENT FEBRUARY or MARCH 2026

A couple of volunteers are needed before, during and after the event. A light snack and refreshments are served throughout the evening tournament.

FR PAUL CROUCH SJ PANCAKE BREAKFAST LATE FEBRUARY 2025

The breakfast team consists of 8-10 volunteers serve and clean up pancakes. Pancakes and sausages are provided by the cafeteria and then served to students and staff from 8:30AM to 10:30AM.

PARENT/TEACHER CONFERENCES APRIL 2026 SECOND TERM

Refreshments are served during both days of Parent/ Teacher Conferences. It takes 4-6 volunteers to pick up supplies and help out each day of the event.



Hospitality Events

2025- 2026

These are functions for which the Parent Guild provides food and/or refreshments at various times throughout the year



PARENT RETREAT April 2026

The Parent Guild works in conjunction with the board, school staff, and student groups. Their goal is to continue and further the Ignatian character of St. Paul's High School. The Guild provides food and refreshments for this event. This is an evening event in which 2-3 volunteers are needed to help set-up, serve and clean- up.

Evening of Performing & Visual Arts – May 2026

The coordinator requires 6-8 volunteers to help pick up supplies, arrange baking on trays and provide set-up and clean-up on the day of the event. A reception for approximately 500 people is held in the cafeteria following the evening concert.

New Parent- Meet & Greet Evening – June 2026

Approximately 6-8 volunteers are required to pick up supplies, set up, serve and clean up. This event is a Wine & Cheese Reception hosted by our current parents to welcome the new parents of the upcoming school year.

Custodial Appreciation Lunch June 2026

Approximately 2-4 volunteers are required to pick up supplies, and help out before, during and after the event. This Luncheon is held to recognize the exceptional commitment the custodial staff have to our boys and to show the gratitude of the parents who depend on them when organizing an event or activity.





Graduation Events

GRAD RING BLESSING

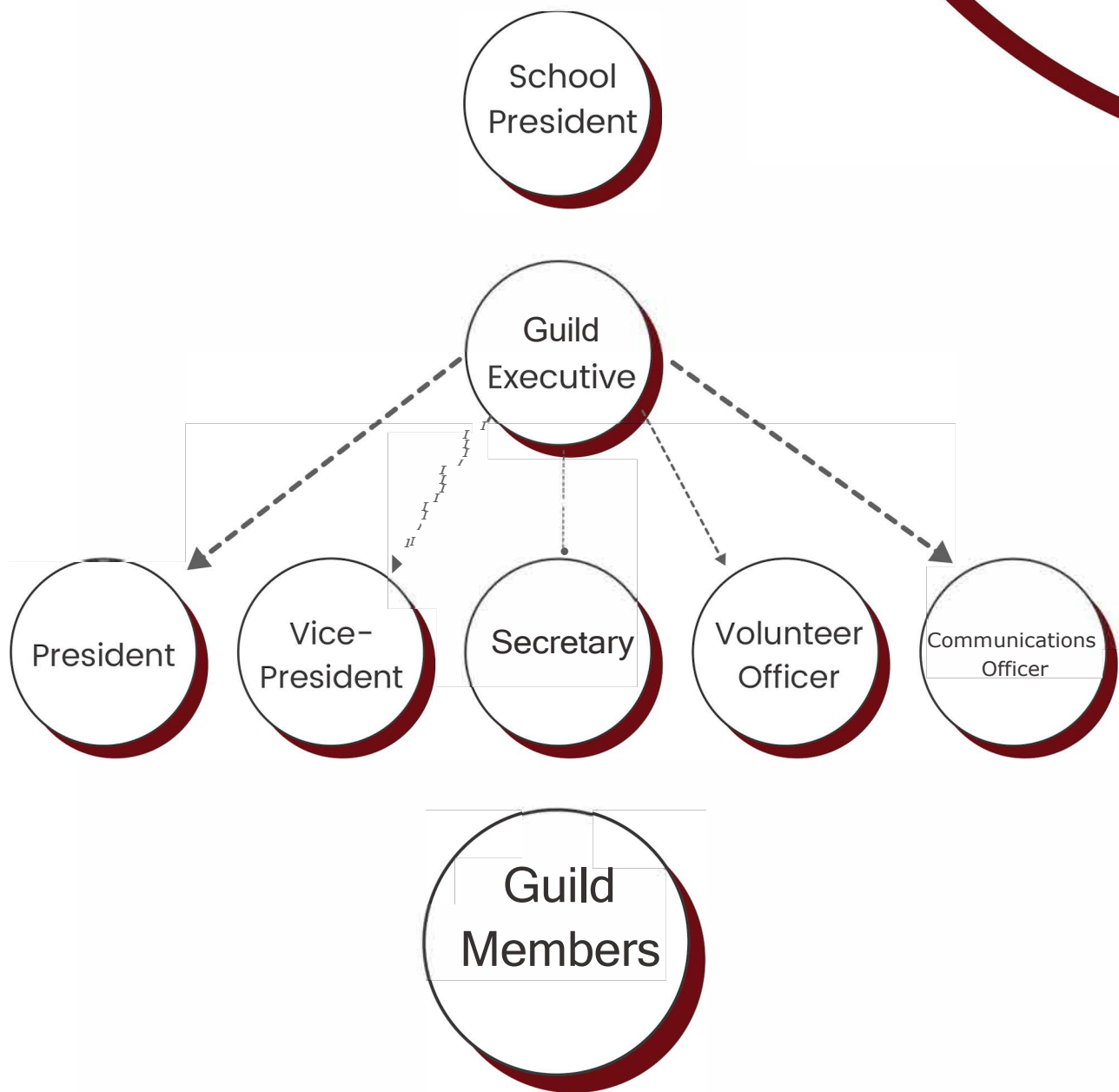
Tasks include picking up supplies ahead of time and setting up refreshments and baking on the day of the event. 4-6 grade 9-11 parent volunteers are required for an 8:00am start. This reception takes place immediately following the mass and Ring Blessing Ceremony. The event concludes at 11:00am

GRAD CONVOCATION RECEPTION June 30, 2026

We require 8-10 Grade 9-11 parents to pick up supplies, set up and help before, during and after the event. The reception of refreshments and finger foods are served immediately following the mass. Guest count 800+ Typically.



Parent Guild Organizational Chart



Events & Activities At A Glance

2025- 2026

ONGOING ACTIVITIES

CONSTITUTION
CRUSADER
SHOPPE
FASHION SHOW
GRADE BAKE
SALES
KITCHEN COORDINATOR
NEARLY NEW CLOTHING
RACK

GRADUATION EVENTS

GRAD PRESIDENT'S PIZZA
LUNCH
GRAD LITURGY & RING
BLESSING GRAD
CONVOCATION RECEPTION

EVENTS

NEW PARENT ORIENTATION
PARENT GUILD AGM
HOMECOMING
GRADE 12 PIZZA LUNCH
GRADE 9 PARENT EVENING
JUNIOR DEBATE TOURNAMENT
CAREER DAY
FALL PARENT TEACHER CONFERENCES
PARENT SOCIAL EVENING
ADVENT BAND CONCERT
CHRISTMAS DECORATING
THE FRESHMAN RETREAT (TFR)
CHRISTMAS STAFF BRUNCH
SPHS OPEN HOUSE
STAFF APPRECIATION WEEK
ANGUS REID DEBATE TOURNAMENT
FR CROUCH SJ PANCAKE BREAKFAST
FASHION SHOW
SPRING PARENT TEACHER CONFERENCES
SPRING EVENING OF PERFORMING & VISUAL
ARTS
CUSTODIAL APPRECIATION
MEET & GREET NEW PARENT EVENING
PARENT GUILD WIND-UP
CONVOCATION





Thank you!

Thank you in advance for
being part of the
St. Paul's High School
Parent Guild. It will be
an experience you will
always remember and
cherish as you and
your son attend SPHS.





SAVE THE DATE
PARENT GUILD
AGM

WEDNESDAY
SEPTEMBER 10,
2025

7:00 - 9:00 PM

WINE, CHEESE & LIGHT
REFRESHMENTS SERVED

MEET OTHER NEW
PARENTS, CONNECT WITH THE
PARENT GUILD & LEARN MORE
ABOUT HOW YOU CAN GET
INVOLVED IN THE SCHOOL
COMMUNITY.

CONTACT US:

PARENTGUILD@STPAULS.MB.CA
KBRITO@STPAULS.MB.CA





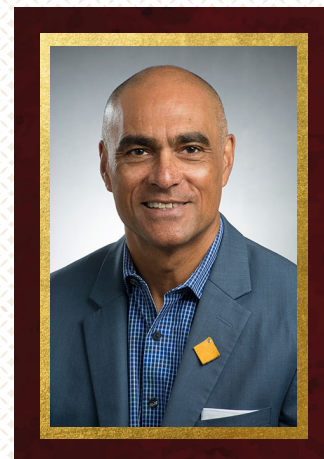
PARTNER WITH US:

SPONSOR THE TRIBUTE DINNER AND CHANGE A STUDENT'S LIFE

The Ignatian Challenge Award celebrates members of our community who embody the values of St. Ignatius Loyola and the Jesuit education principles at St. Paul's High School.

This prestigious award is presented annually at the St. Paul's High School Tribute Dinner. This year's recipient is Dr. Jerome Cranston.

The proceeds from the Tribute Dinner fund our bursary program, a cornerstone of our Jesuit education mission. Your support of this event is vital to ensuring that no qualified student is denied a St. Paul's education due to financial constraints.



Does your business want to make a meaningful impact?

CONSIDER BECOMING A SPONSOR OF THIS YEAR'S TRIBUTE DINNER.

Benefits of sponsorship:

REACH

750+ attendees,
business leaders, alumni
and parents

VISIBILITY

Recognition at the event,
in the program and in the
event media

IMPACT

Supports the Bursary
Fund
(100% student benefit)

We invite all current parents to join us at this year's Tribute Dinner honouring Dr. Jerome Cranston on Tuesday, November 18, 2025.

By securing a business sponsorship or attending the event, you'll enjoy a memorable evening with meaningful connections, while making a significant impact on our students.



YOUR SUPPORT CHANGES LIVES

For more information, contact:

Kerri Moore

Head of Advancement and Special Projects

kjmoore@stpauls.mb.ca

(204) 831-2325

St Paul's High School Grade 9 Concert Band Information Letter



Dear Grade 9 Concert Band Parents/Guardians,

My name is Giovanni Verrelli and I am the band director at St. Paul's High School. I look forward to meeting your son and welcoming him into the exciting tradition of creating music at St. Paul's this year! This letter details a checklist of band items that your son should have ready for the commencement of classes in the September.

Checklist of Items

☐ **Instrument Rentals:**

- It is expected that students who play **flute, clarinet, alto saxophone, trumpet** and **trombone** will rent these instruments from a **music store**.
- St. Paul's will rent to students, as many of the larger instruments as are available, at a price comparable to the rental of a flute, clarinet, trumpet or trombone. St. Paul's subsidizes the rental of these other instruments (**Tenor Saxophone, Baritone Saxophone, French Horn, Euphonium and Tuba**) to make it possible for all our students to have equal access to these more costly instruments.
- Percussionists will use the range of instruments available in the band room (there will be a rental fee for using these instruments as well).

☐ **Long & McQuade Rentals:**

Follow the link provided to access band instrument rentals with Long & McQuade: <https://rentals.long-mcquade.com/> Through the link, select the appropriate instrument, make the payment online, and choose whether to pick it up in store or have it delivered to the school. The rental requests submitted online are relayed to the local stores for processing.

☐ **Accessories:**

All band instruments require certain accessories. For example, to play the clarinet, reeds and cork grease are needed. If you are renting an instrument from a music store, please confirm with an employee if all appropriate accessories are provided with the instrument at the time of purchase. **Students who are renting instruments from the school, will be provided with accessories.**

- ☐ **Instrument Tuner Application:** Each student will require a tuner for their instrument. There are numerous tuning apps that are accessible for free on android and apple

smartphones. If possible, please download “insTuner” (for android and apple smartphones).

❑ **Percussionist Students**

All percussionists are to purchase the following items:

- Pair of Concert Drumsticks: **General Custom Round Tip Sticks:** [Vic Firth General Custom Round Tip Sticks | Long & McQuade \(long-mcquade.com\)](http://www.long-mcquade.com)
- A **pitch pipe tuner:** Purchase at any music store or online at Amazon.

Please feel free to contact me at gverrelli@stpauls.mb.ca if you have any questions or concerns about the above information.

Sincerely,

Giovanni Verrelli,

Director of Bands

A.M.D.G.

St Paul's High School Introductory Band Information Letter



Dear Grade 9 Introductory Band Parent(s), My name is Giovanni Verrelli and I am the band director at St. Paul's High School. I look forward to meeting your son and welcoming him into the exciting tradition of creating music at St. Paul's. This letter details a **checklist** of band items that your son should have ready for the commencement of classes in the September.

Instrument Selection Workshop:

IMPORTANT! PLEASE NOTE:

- The **Instrument Selection Workshop** for students entering Introductory Band, occurred on June 4 and 5 2025. Thank you to those who attended this workshop! **Please be aware that multiple students who enrolled in this class, were not in attendance for the workshop. Mr. Verrelli will be hosting a second Instrument Selection Workshop for students who could not attend in June.**
- Please email Mr. Verrelli at gverrelli@stpauls.mb.ca to book an appointment for this supplementary workshop which will be hosted on **Tuesday, September 2, 2025 between 3:30-6:00pm**, in the **St. Paul's Band Room**.

This is a mandatory workshop for those who have not yet attended.

Student Instrument Placement:

- **On September 3, 2025**, Mr. Verrelli will email all parents, a list of students with corresponding instruments listed. Mr. Verrelli will do his best to give students their first preference of instrument, but this may not be possible in all cases, as there needs to be a proper distribution of instruments in the ensemble. Rarely, should a student receive their third choice of instrument.
- **Please do not purchase or rent an instrument before this list comes out.**
- If your son does not wish to play the instrument assigned, please reach out to me by email.

After you are notified about your son's instrument assignment, please make sure to complete the checklist below....

☐ **Instrument Rentals:**

- It is expected that students who are playing **flute, clarinet, alto saxophone, trumpet** and **trombone** will rent these instruments from a music store.

- St. Paul's will rent to students, as many of the larger instruments (**Euphonium, Tuba**) as are available, at a price comparable to the rental of a flute, clarinet, alto saxophone, trumpet or trombone. Students who play Euphonium and Tuba, must **rent their instrument from the school**.
- All percussionists will use the range of percussion instruments provided in the band room.

Long & McQuade Rentals:

This link goes directly to online band rentals with Long& McQuade: <https://rentals.long-mcquade.com/> which will assist you to select the instrument, make the payment online, and choose whether to pick up in the store or have it delivered to the school. The rental requests submitted online are relayed to the local stores for processing.

- ❑ **Accessories:** All band instruments require certain accessories. For example, clarinets will need a supply of reeds and cork grease. If you are renting an instrument from a music store, please confirm with an employee if all appropriate accessories are provided with the instrument at the time of purchase. Students who are renting instruments from the school, will be provided with accessories.
- ❑ **Instrument Tuner Application:** Each student will require a tuner for their instrument. There are numerous tuning apps that are accessible for free on android and apple smartphones. If possible, please download **"insTuner"** (for android and apple smartphones).

Percussionist students:

- ❑ Pair of Concert Drumsticks: General Custom Round Tip Sticks: <https://www.long-mcquade.com/22270/Drums/Sticks-Mallets-Brushes/Vic-Firth/General-Custom-Round-Tip-Sticks.htm>
- ❑ A pitch pipe tuner: Purchase at any music store or online at Amazon: [Amazon.ca : chromatic pitch pipe tuner](https://www.amazon.ca/chromatic-pitch-pipe-tuner)

Please feel free to contact me at gverrelli@stpauls.mb.ca if you have any questions or concerns about the above information.

Sincerely,

Giovanni Verrelli
Director of Bands
St. Paul's High School