



**Morning Activity #1: 3 on 3 Hockey Tournament** at Canlan Sports

Students must sign up in groups of three. If signing up individually, students will be assigned to a team. Teams will be of varying skill levels and will play each other following a round robin format, with playoff rounds. Please note: Each team should contain no more than two Cru hockey players per team. Students will be responsible for bringing their own skates, helmet and stick to the event. Helmets must be worn.

**Cost per Student: \$22**      **Maximum Number of Participants: 60**  
(30 in the Gr. 9/10 division; 30 in the Gr. 11/12 division)

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**Morning Activity #2: 4 on 4 Basketball Tournament** at SPHS MultiPlex

Students must sign up in groups of four. If signing up individually, students will be assigned to a team. Please note: Each team should contain no more than two Cru basketball players. No “spares” should be registered on teams. Teams will play in a round robin format with playoffs.

**Cost per Student: FREE**      **Maximum Number of Participants: 64**  
(32 in the Gr. 9/10 division; 32 in the Gr. 11/12 division)

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**Morning Activity #3: 4 on 4 Volleyball Tournament** in SPHS Cass Gym

Students must sign up in groups of four (8 teams total). If signing up individually, students will be assigned to a team. Please note: Each team should contain no more than two Cru volleyball players. Teams will be of varying skill levels and will play each other following a round robin format, with playoff rounds. No “spares” should be registered on teams.

**Cost per Student: FREE**      **Maximum Number of Participants: 32**

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**Morning Activity #4: Activate** at Activate Games (Winnipeg West (Westwood) location)

Once arrived on location, students will form teams consisting of 3-5 players and play a variety of interactive video games for two hours. Students must wear clean indoor shoes and are encouraged to bring a water bottle. Please Note: Activate requires that students and parents sign a waiver before they participate in this activity (this is true regardless of whether or not they have filled out a waiver previously). Waivers can be completed online at: <https://waiver.activate.ca>. Please select ‘Winnipeg West’ when prompted for a location. Please note that it is the student’s responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$29**      **Maximum Number of Participants: 45**

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**Morning Activity #5: Arcade Games** at Rec Room

Students will be given a 'time play band' and are free to play arcade games at Rec Room for the allotted 2 hours. Students will not be able to participate in any of the special attractions (bowling, axe throwing, rapidshot, etc.) No food will be available for purchase at the venue.

**Cost per Student: \$47****Maximum Number of Participants: 45**

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**Morning Activity #6: Beach Volleyball** at The Beach (East Saint Paul)

Upon arrival, students will break into smaller teams and enjoy time on 3 beach volleyball courts. The Beach staff will be on hand to run various activities for interested students. Teams will have to option of playing each other, possible following a round robin format. No outdoor shoes are allowed, students should bring a pair of indoor shoes or sandals. (Please note: if a round robin format is used, no more than two Cru volleyball players per team). The canteen will be open with chips, bottled pop and slushies available for purchase.

Please Note: The Beach requires that students and parents sign a waiver before they participate in this activity. (This is true regardless of whether or not they have filled out a waiver previously.) Waivers can be completed online at: <https://www.thebvc.ca/online-waiver>. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$19****Maximum Number of Participants: 45**

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**Morning Activity #7: Billiards** at The Hidden Pocket (Scurfield location)

Students will have 2 hours to play as many billiards games as they would like, either in small teams or individually. Food will be available for purchase at the venue.

**Cost per Student: \$14****Maximum Number of Participants: 80**

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**Morning Activity #8: Bouldering and Wall Climbing** at The Hive

Students will receive instruction on the basics of bouldering/wall climbing from The Hive staff and will then spend the morning on the climbing structures at the facility. Climbing shoes will be provided.

Please Note: The Hive requires that students and parents sign a waiver before they participate in this activity (this is true regardless of whether or not they have filled out a waiver previously). Waivers can be completed online. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

Age 0-17: <https://waiver.smartwaiver.com/w/5f31841ce4c1b/web/>

Age 18+: <https://waiver.smartwaiver.com/w/5f317a680c338/web/>

**Cost per Student: \$23****Maximum Number of Participants: 40**

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**Morning Activity #9: Bowling** at Westwood Lanes and Games

Students will be assigned a lane (approx. five students/lane) and allowed to bowl as many ten pin or five pin games as possible over the course of two hours. Food will be available to purchase.

**Cost per Student: \$20****Maximum Number of Participants: 45**

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**Morning Activity #10: Card Club** at SPHS Aulneau Room

In lieu of participating in an athletic activity, students can opt to remain at the school and participate in a variety of board and card games. Students are welcome to bring their favourite card and board games from home if they choose, games will also be provided by teacher supervisors.

**Cost per Student: FREE**

**Maximum Number of Participants: 30**

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**Morning Activity #11: Escape Rooms** at Enigma Escapes (Grant location)

Upon arrival students will separate into small groups of 4-8 people and participate in two escape rooms (60 minutes each). Current rooms at Enigma Escapes Grant include School of Sorcery, Butcher of the Catacombs, Dark Hedges: A Spooky Fairytale Escape, What Happened in Raven Woods?, Shady Grove Sanatorium, and Hollywood Pizza.

**Cost per Student: \$56**

**Maximum Number of Participants: 34**

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**Morning Activity #12: Indoor Golf** at Golf Dome

Upon arrival, students be able to spend time at the driving range stations, in the virtual golf bays and on the mini putt course. Students between activities within the time frame and students are welcome to bring their own golf clubs. 1 iron and 1 driver will be provided at each driving range station and 1 iron will be provided per virtual bay. The restaurant/canteen will be open, no outside food or beverages besides personal refillable water bottles are permitted.

**Cost per Student: \$22**

**Maximum Number of Participants: 45**

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**Morning Activity #13: Indoor Trampoline** at Fun Park (Wilkes Ave.)

Students will spend the morning exploring the Fun Park facility which includes access to trampolines, dodgeball, Dunk Zone, Ninja Course, Battle Beam, Foam Pit, indoor playground and rock-climbing wall. Please Note: Fun Park requires that students and parents sign a waiver before they participate in this activity. (This is true regardless of whether or not they have filled out a waiver previously.) Waivers can be completed online at: <https://waiver.funparkcanada.ca/waiver/landing>. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$35**

**Maximum Number of Participants: 45**

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**Morning Activity #14: Laser Tag** at LaserTopia (Waverly location)

Upon arrival students will be split into small groups and will play several games of laser tag over the course of two hours. Please Note: LaserTopia requires that students and parents sign a waiver before they participate in this activity. (This is true regardless of whether or not they have filled out a waiver previously.) Waivers can be completed online at: <https://www.lasertopia.ca>. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$21**

**Maximum Number of Participants: 45**

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