

Educating Men for Others

August 26, 2024



Dear Parents and Students,

Welcome to the 2024–2025 school year at St. Paul's High School! I hope you have enjoyed summer and are looking forward to being back in school, connecting with friends and teachers, and embarking on a year of learning and community.

Please read all the various enclosures in this mailing and reflect on how we can walk together to serve our school mission of forming men of faith and service: *Men for Others*. The enclosure titled **"2024–2025 School Year Information"** contains details to help students and parents navigate the first weeks of school. This document includes information about opening week, dress code, school supplies, bell schedules, school calendars, school communications, and more.

All the general documents included in this welcome package, along with any other referenced documents, are available on the St. Paul's High School news blog at <https://www.stpauls.mb.ca/news/>. St. Paul's publishes news each Friday during the school year with event details and reminders, and news from the Parent Guild, Advancement Office, Student Council, and Maroon & White. The first online news post of the upcoming school year was published on August 23rd and can be found here: <https://bit.ly/4c3DloX>. Significant efforts are made to ensure information available on the school's news blog is complete and timely. Please let us know if you are ever unable to find the information you are looking for and we will assist you in getting the information you need and update the news blog accordingly.

I would like to draw your attention to the details of our annual Homecoming football game which will occur on Friday, September 20th at 6:00 p.m. I encourage you all to come out as it is sure to be a wonderful community event. The Varsity Crusader Football team will play against the Oak Park Raiders and there will be great food, drink, and music. This is a family friendly event and admission is free.

I hope you enjoy the last of summer break before we start the school year and I look forward to seeing you all soon!

God bless,

A handwritten signature in black ink that reads "B. Lewin". The signature is written in a cursive, flowing style.

Bob Lewin, Principal



2024–2025 School Year Information

OPENING WEEK OF SCHOOL

TUESDAY, 3 September: Admin Day - NO SCHOOL



WEDNESDAY, 4 September: Grade 10, 11, & 12 Assemblies and Textbook Distribution

- Grade 10: Assembly at 8:30AM, Textbook Distribution: 9:00AM–10:15AM
- Grade 11: Assembly at 11:00AM, Textbook Distribution, 11:30AM–12:45PM
- Grade 12: Assembly at 1:30PM, Textbook Distribution, 2:00PM–3:15PM
- Dress Code: Casual
- Reminder: All students should bring a book bag and pen.

NEW STUDENTS entering grades 10, 11, or 12 will have orientation meetings before they go for textbooks. Students will gather following their grade-level assembly.

- New Grade 10: 9:00AM, Room B56
- New Grade 11: 11:30AM, Room B56
- New Grade 12: 2:00PM, Room B56



THURSDAY, 5 September: Grade 9 Orientation Day

- Grade 9: 8:30AM–3:15PM
- Dress Code: Casual



FRIDAY, 6 September: Regular Classes for All Students

- Schedule I: 8:30AM Start
 - School Day: A
 - Dress Code II (Warm Weather Dress Code)
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DRESS CODE

Dress Code I: Regular Dress Code

- Effective: November 1, 2024–April 30, 2025
- Dress shirt with collar, tie optional
- Dress pants, socks, and dress belt
- Sport-coat, blazer, or suit-jacket
- Dress shoes

Dress Code II (Warm Weather Dress Code)

- Effective: September 6–October 31, 2024 & May 1–June 27, 2025
- Dress Code I with the following optional changes.
 - Option A: no suit-jacket
 - Option B: St. Paul's polo may be worn in lieu of a shirt, tie, and suit-jacket.
 - Option C: St. Paul's polo worn with dress (chino) shorts (beige, navy, or black), and dress belt. Dress shoes and socks are replaced with athletic shoes and socks for this option.

Note: A St. Paul's branded, non-hooded sweater may be worn in lieu of a St. Paul's polo.

2024–2025 School Year Information

Dress Code V: Formal Dress Code

- Effective for all School Liturgies and other formal events as announced.
- Dress Code I with a tie required.
- Note: Our first school liturgy occurs on Wednesday, 11 September.

Physical Education Dress Code

- St. Paul's High School branded t-shirt and shorts
- Gym shoes (1 pair indoor, 1 pair outdoor (no cleats) and athletic socks (worn only for PE)

Dress Code Shopping Tips

Below is a suggested shopping list of dress code items available at the Crusader Shoppe.

- St. Paul's Polo Shirts (2–3 shirts)
- St. Paul's Sweater, non-hooded (1 sweater)
- St. Paul's T-shirt for Physical Education Class (1–2 shirts)
- St. Paul's Shorts for Physical Education Class (1–2 pairs)

Crusader Shoppe

Online shopping is available at <https://store.stpauls.mb.ca/>. Please wait to receive an email notification confirming your order is ready to pick up before coming to the school. Online orders may be picked up at the Front Office prior to the start of school. Once regular classes resume, the Shoppe will be open daily at lunch

The Crusader Shoppe will be open from 12:00PM–4:00PM on September 5th (Grade 9 Orientation), 5:30PM–8:30PM on September 12th (Grade 9 Parent Orientation), and during Homecoming on September 20th.

Clothing Items Available from Other Stores

- Sportcoat or Suit Jacket (1)
- Dress Shorts (1–2 pairs in beige, black, or navy)
- Dress Shirts with Collar (2–3 shirts)
- Dress Ties (1–2)
- Undershirts (several)
- Dress Pants (2–3 pairs)
- Leather Belt (1)
- Socks (several pairs of dress and athletic socks)
- Dress Shoes (1 pair)
- Athletic Shoes (1 pair for indoors and 1 pair for outdoors)

SCHOOL SUPPLIES

Students are expected to have standard school supplies including a 3-inch binder to hold course notes, loose-leaf paper, dividers, pens, and pencils, as well as a standard scientific calculator with DAL (Direct Algebraic Logic); teachers may be explaining other requirements to students on the opening days of classes.

2024–2025 School Year Information

Laptop Computers

Students are encouraged to purchase a laptop/ tablet for use at school. St. Paul's provides wi-fi access and a Microsoft 365 account to all students to support their learning. Microsoft Teams will continue to be our school's platform for the delivery of course materials and assessments throughout the school year.

Visual Arts Supplies

Students enrolled in Visual Arts must purchase an art kit from the Crusader Shoppe for \$65.00 plus taxes. Art kits purchased online will be delivered to students in class.

STUDENT HANDBOOK

The St. Paul's High School Student Handbook has been updated for the 2024–2025 school year and is available in electronic format. The e-Handbook contains clickable links in the Table of Contents for easy navigation. Students wanting to use a paper agenda book will be responsible for purchasing their own planner. Click [HERE](https://bit.ly/4c3DloX) (<https://bit.ly/4c3DloX>) for the Student Handbook.

BELL SCHEDULES

We use a variety of schedules throughout the school year for different school events. Schedule I is our regular daily bell schedule and is in effect unless otherwise indicated on the school calendar. Click [HERE](https://bit.ly/4c3DloX) (<https://bit.ly/4c3DloX>) for the Bell Schedules.

SCHOOL DAY

Access to the main body of the school is available at 7:30AM. The school closes at 5:00PM, except for supervised activities. While students are permitted in the building during these extended hours (7:30AM–8:25AM and 3:15PM–5:00PM), direct supervision is not provided. The school day begins at 8:25AM with a warning bell for period 1 and ends at 3:15PM. On regular school days, period 1 begins at 8:30AM and there is a 50 minute lunch break.

CAFETERIA FOOD SERVICES

Food services are available at Gene's Place, the St. Paul's High School Cafeteria. A menu and price-list is included in this welcome package. Pre-paid meal cards are available for purchase from both the Cafeteria and the Cru Shoppe.

2024–2025 School Year Information

SCHOOL CALENDARS

The St. Paul's High School student/parent calendar is available to view online and can be synchronized with most computer calendar applications. View the following link to access the school's online calendar. Changes to the school calendar will automatically update. Click [HERE](https://bit.ly/4c3DloX) (<https://bit.ly/4c3DloX>) for a year-at-glance calendar.

St. Paul's High School Calendar Link: <https://bit.ly/3SlxGB1>

SCHOOL COMMUNICATION

Communication is a vital part of building trust and the quality of relationships necessary to form the kind of learning community we strive to build at St. Paul's. One of the most vital communication links is the one between home and school. That is, with what is best for your son in mind, it is important there is open and honest dialogue between home and school.

Parents wishing to speak with a staff member should call the school's main phone line, 204-831-2300, and follow the recorded instructions to leave a message. Staff members' email addresses are accessible via the PowerSchool Portal. In general, parents can expect a reply within 24 hours of making an enquiry. If after several tries you have not received a reply to a message please feel free to contact the Principal.

School Contacts

- **School Absences:** <https://go.schoolmessenger.com/> or 1-833-566-1229
 - **General Enquiries:** Ms. Vivienne Horne, vhorne@stpauls.mb.ca, 204-831-2300
 - **Teachers:** for information about your son's progress in specific courses.
 - **Counsellors:** General concerns about your son's progress.
 - **Vice Principal Academics (VPA), Mr. Kevin Sterner:** Academic program, procedures and policies, PowerSchool support. ksterner@stpauls.mb.ca, 204-831-2321
 - **Vice Principal Students (VPS), Mr. Jeff Laping '89:** Attendance and/or discipline. jlaping@stpauls.mb.ca, 204-831-2309
 - **Principal, Mr. Bob Lewin:** if your concerns have not been addressed by the primary contact. blewin@stpauls.mb.ca, 204-831-2305
 - **Executive Assistant to the Principal, Ms. Catherine Bernardin:** if you are experiencing problems with school mailings, report cards, or require an academic transcript. cbernardin@stpauls.mb.ca, 204-831-2316
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2024–2025 School Year Information

POWERSCHOOL PORTAL

The PowerSchool Portal allows parents/guardians/students to view their son's attendance records, current grades, and details of past and future assessments. The Portal is available throughout the school year except the days leading up to Progress Reports in November and April and during the two exam periods in January and June. We encourage parents/guardians/students to use the Portal as a tool to monitor progress, set goals, and stay on top of deadlines.

The Portal is viewable using any web browser on a desktop/laptop computer or mobile device. PowerSchool has an App, PowerSchool Mobile, to access the Portal on mobile devices.

After downloading the App on your mobile device, you will need to enter the **District Code: PBXQ** to access the Portal for St. Paul's High School.

Returning parents already have active PowerSchool accounts. If you have a new student this school year, he has already been added to your existing PowerSchool account. Please contact Kevin Sterner if you require assistance accessing your account.

New parents: PowerSchool account information is included in this welcome package.

SCHOOL ATTENDANCE

Daily school attendance is critical to student success and formation. **In addition to attending regular classes, participating in school liturgies, assemblies, retreats, and school activity days are compulsory for all students.** The school expects all students to attend these events as they are integral to our school's mission and building community at St. Paul's. Please avoid scheduling appointments or excusing your sons' absence from these events. Where possible, days with late starts for students and no school days should be used for appointments or activities that would otherwise result in school absences. The school strongly discourages planning family trips or other activities that result in multiple-day absences while school is in session.

Click [HERE](https://bit.ly/4c3DloX) (<https://bit.ly/4c3DloX>) for a list of key dates for the 2024–2025 school year.

Reporting Student Absences

Please use SchoolMessenger or call **1-833-566-1229** to report student absences and other times when your son may need to leave during the school day. SchoolMessenger allows parents to enter departure and return times or to report full day absences. Call the school's general line, 204-831-2300, if SchoolMessenger or the phone number above are not working.

Onboarding instructions for new parents are included in this welcome package.

Click [HERE](https://bit.ly/4c3DloX) (<https://bit.ly/4c3DloX>) for detailed instructions for using SchoolMessenger.

2024–2025 School Year Information

Student Appointments

When appointments during the school day cannot be avoided, students are to report to the Reception Desk just prior to leaving for an appointment and they are to report back at Reception if/when they return to school that day. The school will not interrupt classes in session to call a student out for an appointment except in the case of a serious emergency. Otherwise, the student will be called to the Reception Desk at the next class break. This policy is in place to maintain a positive learning environment free from disruptions.

Planned Absence Requests

Requests for planned absences of three or more school days are made to the VPS using a Planned Absence Form. Planned Absence forms are available at the front desk, or the office of the VPS. Students are expected to write exams at the end of each semester as scheduled. Planned Absence procedures are available in the Student Handbook.

COURSE CHANGES

Student timetables are included in this welcome package. Course changes will be available during the opening days of school. Students may request Semester 1 course changes through their counsellors until Monday, 23 September. The course change deadline for Semester 2 courses is Monday, 24 February.

Course Change Procedure

- Students are required to meet with their counsellor to discuss possible course changes. Students are welcome to discuss available courses with the VPA prior to meeting with their counsellor.
 - With their counsellor's help, students will complete a Course Change Request Form. Students will have to obtain permission for the course change either by having the form signed by their parents or by having the counsellor confirm the change with a parent over the phone.
 - The completed form must then be submitted to the counsellor. Upon receiving a course change request, the VPA will either approve the request and arrange for a new timetable, or if the request is not approved, return the form to the student's counsellor. Approval is usually a factor of space availability in the desired course or compatibility with the other courses in a student's academic program.
 - If a course change request is approved the student can view his revised timetable through the PowerSchool Mobile App. Additionally, students may request a printed timetable in the VPA office.
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2024–2025 School Year Information

TRANSPORTATION AND PARKING

Dropping Off / Picking Up Students

Students are to be dropped off or picked up at either the Student Parking Lot located off Bower Boulevard or the MultiPlex Parking Lot located off Holland Boulevard.

In both cases, please enter the parking lot and then loop through the entire lot one way to ensure the orderly flow of traffic and reduce the risk of an accident. Please do not stop in the middle of the lane, but instead, pull forward as much as possible, stop briefly to allow your son to exit your vehicle, and then exit safely.

Exiting Parking Lots

When exiting either parking lot, please remember it is a right turn only. The Winnipeg Police Service will ticket drivers who turn left in violation of the right turn only signage.

Students may be dropped off on Laidlaw Blvd. and then walk across Grant at the crosswalk. Please remind your son to be careful using the crosswalk.

Parking Expectations

- Do not drop-off and pick-up on Holland Boulevard.
- Do not drive into the Faculty parking area located off Holland Blvd.
- Do not drive into the front entrance parking loop off of Grant unless you (parent) are coming in to the school.

We have determined that it is unsafe for students to be dropped off in the above areas of the school property. Our community neighbours living on Stanford Bay and on Laidlaw Blvd. have requested that individuals drive carefully and not drive into or block driveways.

Please also note that the south drive running west to east behind the main school building is a ONE WAY drive starting from Bower Boulevard heading east toward Holland Boulevard until it reaches the area just past the Multiplex and Angus Reid Wing. The only exception allowed is for staff who park behind the building who are traveling in either direction prior to 9:00AM.

Parking Passes

Students driving to school and parking on campus will require a parking pass. Student parking is limited to the Student Lot or the MultiPlex Lot, as designated by the Vice Principal Students (VPS). Parking tags must be displayed whenever the vehicle is parked on school property. Unregistered vehicles are subject to being fined or towed. The parking pass form is available from the VPS, Jeff Laping.

2024–2025 School Year Information

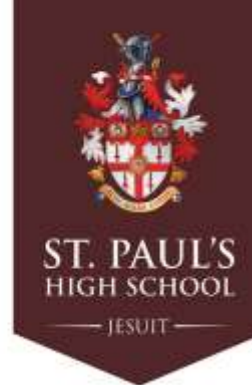
Bicycles

Students using bicycles must lock them in the racks adjacent to the Student/MultiPlex parking lots. We advise that students use chains to secure their bicycles and not insulated wire locks that can be cut. Please remember bicycles are not allowed in the school. Violators' bicycles may be impounded by the VPS.

GRADE 9 PARENT ORIENTATION: THURSDAY, 12 SEPTEMBER, 6:00–8:00PM

Parents of Grade 9 Students should attend. This is a great opportunity to meet your son's first semester teachers, meet other new parents, and learn how you can support your son in his education at St. Paul's. Further details to come.

Education for Life



August 23, 2024

RE: University Applications and Scholarships

Dear Parents of the Class of 2025,

As summer comes to a close, the counselling department continues to finalize resources and supports for the Class of 2025 as they ready themselves for their post-secondary journey. Below is a list of events we will be offering in the coming year as well as some general information that may be helpful in considering post-secondary options.

- In early September, the counselling department will present to all Grade 12s on the following topics: important dates for in- and out-of-province university applications, how to access and complete various scholarships, how to access university entrance financial awards and scholarships, the importance of Grade 12 grades and how they affect university entrance, dealing with references for scholarship applications, and how successful scholarship applications will require more than high academic averages.
- The same presentation will be available to parents online in late September.
- In November, our Career Day at St. Paul's gives the Grade 12s another opportunity to look at future career planning. Over forty guest speakers will present on their career choices.
- Applications for universities outside of Manitoba have varying dates for admission. Students applying outside the province should begin researching early in the year. The first step is to access websites for prospective universities and look up their deadline dates. By the end of October, students applying outside the province should have their dates for application established as most out-of-province deadlines are in November and December. March 1 is a key deadline date for applications for universities in Manitoba.
- The annual *Canadian National University Information Fair* is typically held in Winnipeg in early November. This is a great opportunity for students to speak with universities from across Canada. Dates and information forthcoming.
- St. Paul's also hosts interested universities at the school during lunch hours. The University of British Columbia, Western (Huron), Carlton, and the University of Calgary visited last school year, while other universities prefer the students visit them at the Information Fair.
- Standards Achievement Tests (SAT) and American College Testing (ACT) are written at specific times throughout the year. Either SAT or ACT test scores are required for

students applying to some US colleges and universities. We recommend students write either of these tests two different times as students typically score higher on their second attempt. It is ideal to have a first attempt in grade 11 and a second early in semester one in grade 12, or to write on the first two possible dates in grade 12. This allows for marks to be returned in time to be relevant for applications. It is wise to research tuition fees and international student application processes in advance of writing SAT or ACT tests. While there is often initial interest, very few students complete American applications. For example, data collected from last year's graduating class indicates that one student of the 152 graduates is studying in an American institution this year. Also note that post-Covid, fewer American schools are requiring standardized tests than in the past, so research is prudent.

- If your son is interested in scholarships he should start researching early. Scholarship application criteria vary; however, many scholarships require academic, school involvement, and volunteer/community service. Scholarships place varying degrees of emphasis on each of these areas. A list of scholarships is provided on the St. Paul's scholarship website that students can access on Teams. The University of Manitoba also has a directory of scholarships on their Financial Aid and Awards page at https://umanitoba.ca/student/fin_awards/scholarships/index.html. Another excellent resource is <https://www.scholarshipscanada.com/Index.aspx>.
- Two major national scholarship applications are due early in the school year: the Loran Award loranscholar.ca/loran-award/ (mid-October) and the TD Trust Scholarship <https://www.td.com/ca/en/personal-banking/solutions/student-banking/community-leadership-scholarship-for-canadians/> (end of November). Students meeting the criteria should begin preparing applications now and contact their counsellor if they are interested in pursuing either of them. Grade 12s will receive messages via Teams on other scholarship possibilities throughout the year.

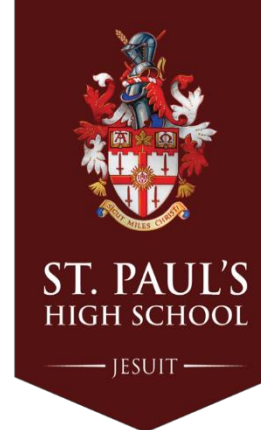
Should you have any questions feel free to contact your son's counsellor. I look forward to another great year with your sons.

Sincerely,



Jennifer Kolton
Counselling Department
St. Paul's High School
jkolton@stpauls.mb.ca
204-831-2303

Educating Men for Others



August 23, 2024

Dear Parents,

The Advancement Department supports the community of St. Paul's High School by raising funds for students in need, capital projects and school programs. We also organize events to gather as a community and keep connected with our alumni. Annual events, including class reunions, chapter reunions across Canada, the Alumni Golf Tournament, Homecoming and an Alumni Speaker Series, help keep our alumni network strong.

We invite you to join us in supporting the following events and initiatives:

Homecoming

Friday, September 20, 2024 6PM Kick Off

Admission is free and all are welcome to come cheer on the Crusader Varsity Football Team playing "under the lights", as well as enjoy food vendors, beer garden and music. Cru Shoppe will be open!

Crusader Raffle supporting School Programs & Grad

October 4 – November 19, 2024

This year, proceeds of the Crusader Raffle will benefit **School Programs** and the Grade 12 ticket sales will support the **Grad Fund**. Students are asked to sell \$200 in tickets and we aim for 100% participation. Information will be circulated in early October.

SPHS Tribute Dinner honouring Mark Chipman '78

Tuesday, November 12, 2024

You are invited to join us in honouring SPHS alumnus Mark Chipman '78 at the 29th Annual Ignatian Challenge Tribute Dinner, benefiting the Bursary Fund. Tickets and sponsorships are available at www.stpauls.mb.ca/events/tribute_dinner. *Information included in this package.*

St. Paul's High School Fashion Show *revised date*** Monday, March 17, 2025**

Join the Class of 2025 in supporting the **Magis Fund**, which provides financial assistance ensuring all students can fully participate in school life. Tickets and sponsorship opportunities will be available on our website in the new year.

Please reach out to me if you have any questions or want to discuss opportunities to support our school community. I can be reached at kjmoore@stpauls.mb.ca or 204-831-2325.

I look forward to working with you and wish your son a successful school year.

Warm regards,

Kerri Moore

Head of Advancement and Special Projects

YOUR SUPPORT CHANGES LIVES.



IGNATIAN CHALLENGE AWARD

TRIBUTE DINNER

Mr. Mark Chipman '78



NOVEMBER 12, 2024

RBC CONVENTION CENTRE WINNIPEG

Your support of the Tribute Dinner provides *the gift of an education that lasts a lifetime.*

The Ignatian Challenge Award celebrates members of our community who embody the values of St. Ignatius Loyola and the Jesuit education principles at St. Paul's High School. This prestigious award is presented annually at the St. Paul's High School Tribute Dinner.

The proceeds from the Tribute Dinner fund our bursary program, a cornerstone of our Jesuit education mission. Your support of this event is vital to ensuring that no qualified student is denied a St. Paul's education due to financial constraints.

We invite all current parents to join us at this year's Tribute Dinner honouring Mark Chipman '78. By securing a business sponsorship or attending the event, you'll enjoy a memorable evening with meaningful connections, while making a significant impact on our students.



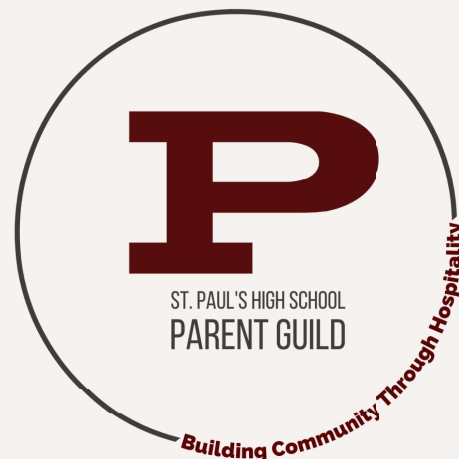
Scan to buy tickets or become a sponsor,
or visit www.stpauls.events/TributeDinner



AMDG

PARENT GUILD

2024 - 2025



Welcome back to a new school year! As a parent of the SPHS community, you have the opportunity to become involved in the school during the day, in the evenings, or from the comfort of your home. The Parent Guild works to enrich the school events, volunteer in the Crusader Shoppe, and step in wherever the need may arise.

The ongoing participation of parents is key to our volunteer program, and the success of the school's enriching activities and events. To help you decide where you may wish to lend a hand next year, please consult the SPHS Parent Guidebook, describing the ongoing activities and hospitality events. The SPHS Parent Guild is unlike a Parent Council wherein we operate under a school budget, therefore, we do not fundraise for any of the events that we assist with.

SCAN HERE TO VIEW THE PARENT GUIDEBOOK:



SCAN HERE TO SIGN UP TO VOLUNTEER:



2024/2025 PARENT GUILD EXECUTIVES:

MICHELLE QUEAU: PRESIDENT

KELLY MORGANTI: VICE-PRESIDENT/TREASURER

JENNIFER MELO: SECRETARY

GILLIAN HAUSER: VOLUNTEER OFFICER

JACQUIE JOHNSON -WEIGHT: COMMUNICATIONS
OFFICER

VISIT OUR WEBSITE:

<https://www.stpauls.mb.ca/Parents/>

PLEASE DO NOT HESITATE TO REACH OUT
TO US AT: parentguild@stpauls.mb.ca

THANKS FOR YOUR CONSIDERATION;
WE LOOK FORWARD TO SEEING YOU AT
THE 2024-25 EVENTS!



CAR POOL

St. Paul's High School is compiling a list of students interested in car pooling for the 2024-25 school year. The list will be categorized according to postal code to enable you to see if there is someone living in your area who is also interested in car pooling. This information will be available to parents and students at the Front Office and may be checked anytime during school hours throughout the school year. Should your plans change, you may add or remove your name accordingly.

If you have any questions, please contact Ms. Vivienne Horne via email at vhome@stpauls.mb.ca.

My son is interested in participating in a car pool for the 2024-2025 school year:

Please Print

Student Name: _____

Address: _____

Postal Code: _____ Grade: _____

Parent Name: _____

Phone Number Day: _____ Evening: _____

E-mail: _____

Comment: _____

If you wish to sign up for car pooling, please fill out this form and return it to the Front Desk of the school no later than

Friday, September 20th, 2024.

GENE'S PLACE

ST. PAUL'S HIGH SCHOOL CAFETERIA

PRICE LIST SEPTEMBER 2024

ALL PRICES INCLUDE TAX

BREAKFAST MENU

Full Breakfast- \$7.50

2 eggs, bacon or sausage, hash browns + toast

Cru Breakfast- \$8.75

3 pancakes, 2 eggs, bacon or sausage, hash browns + toast

Breakfast Wrap- \$7.75

2 eggs, bacon, hashbrowns, cheddar cheese, and chipotle sauce in a tortilla shell, grilled

Omelette (3 eggs)- \$8.00

Bacon or cheese

French Toast Cinnamon Bun- \$7.75

French Toast with bacon- \$7.50

Breakfast Bun- \$4.50

Egg, bacon, and cheese

Breakfast Bun Special- \$7.50

2 Breakfast Buns

LUNCH SPECIALS- \$9.25

(ONE SPECIAL PER DAY)

THE FOLLOWING LUNCH SPECIALS ARE SERVED WITH YOUR CHOICE OF SALAD OR FRIES:

Chicken Burger	Chicken Quesadilla
Clubhouse Wrap	Crispy Chicken Caesar Wrap
Deluxe Cheeseburger	Deluxe Cheese Dog
Gyros	Pulled Pork on a Bun
Soft Taco	Chicken Pita

THE FOLLOWING LUNCH SPECIALS ARE SERVED AS LISTED:

- Butter Chicken on rice with naan bread
- Chicken Alfredo with Pasta served with garlic toast
- Chicken Stir Fry served with rice
- Hot Turkey Sandwiches with roasted potatoes + gravy
- Hot Roast Beef Sandwiches served with mashed potatoes + gravy
- Lasagna served with salad + garlic toast
- Spaghetti with meatballs served with garlic toast
- Roasted Chicken served with potatoes and mixed veggies

LUNCH MENU

Sandwiches:

Grilled Cheese- **\$4.25**

Grilled Cheese with bacon- **\$5.25**

Tuna, Egg, Chicken Salad- **\$6.25**

Soup (Made Fresh Daily) - \$3.50

Beef Barley

Chicken Noodle

Cream of Mushroom

Lemon Rice

Cheese Broccoli

Cream of Cauliflower

Potato Leek

Minestrone

French Fries:

Small- **\$5.00**

Large- **\$6.00**

French Fries with Gravy:

Small- **\$6.00**

Large- **\$7.00**

Poutine:

Small- **\$7.50**

Large- **\$8.50**

Garlic Bread- \$3.00

2 slices

Greek Salad (Made Fresh Daily)- \$7.00

Add grilled chicken breast - **\$3.00**

Baked Goods (Made Fresh Daily) - \$1.00 - \$5.00

Apple Jacks

Cinnamon Buns

Danish

Muffins

Rice Krispy Squares

Brownies

Cookies

Donuts

Puff Wheat Squares

PRE-PAID MEAL CARDS

PRICES INCLUDE TAX

5 Breakfasts (no drink)- **\$34.00**

5 Breakfasts (includes 473 ml milk)- **\$48.00**

5 Lunch Specials (no drink)- **\$44.00**

5 Lunch Specials (includes a can drink)- **\$52.00**

5 Lunch Specials (includes 473 ml milk)- **\$57.00**

Pre-Paid Meal Cards may be purchased in the cafeteria. Please make cheques payable to:

Tom Papaioannou

*Please note that pre-paid meal cards must be used in the same school year of purchase.