

WALK FAQ's FOR STUDENTS

September 2024

1. Do SMA and BH girls come to The Walk?

- Yes! All of the grade 9-12 students from SMA and BH have been invited to join SPHS students for the whole day on September 19th.

2. What do you even do at The Walk?

- 9:00 am - Attendance in designated stations around SPHS.
- Grade 9's will be dismissed first, followed by 10's, 11's and then 12's.
- You will walk along a designated route through Assiniboine Park.
- Along the route there will be attendance check-points, water stations, an ice-cream station, five fun activity stations and candy will be handed out. The Walk route will lead you back to SPHS where you will spend the afternoon (until ~2:15 pm). Back at the school there will be inflatable and non-inflatable games, a dunk tank, a hypnotist performance and student performances.

3. Where do I go when I arrive at the school on Walk day?

- 8:55 am - should be at your attendance location for 8:55 am.
- Attendance will take place after prayer and O'Canada. The attendance locations are as follows:
 - i. Grade 12's – Cafeteria
 - ii. Grade 11's - Cass Gym
 - iii. Grade 10's – Murray Hall
 - iv. Grade 9's – you will be placed in smaller groups with BH and SMA students in various classrooms. Lists will be posted by the end of this week telling what classroom to go to.

4. Where should I park if I'm driving myself to The Walk?

- Students are asked to park in the Student lot along Bower Blvd., the MulitPlex parking lot, or St. Demetrios Church across Grant Ave.

5. Is The Walk a fundraiser? What do we fundraise for?

- Students have the option of fundraising for Student Council's chosen charity and this year Student Council has selected [KidSport Manitoba](#), an organization that helps cover sport registration costs so all kids can play!
- Pledge forms can be found in the parent/guardian email or picked up from Ms. Rellinger in Rm. 127 at SPHS. You can collect donations from family, friends, or even your neighbours!
- SPHS students who raise \$100 or more are eligible for a free Walk sweater.

6. How long does it take to walk The Walk route?

- About an hour and forty-five minutes to two hours. Wear appropriate shoes!
- Bringing a water bottle is recommended as there are water stations along the route.

7. What should I wear?

- Comfortable shoes are a must! The dress code is relaxed on Walk Day, but it may be very cold, very warm or very rainy. Check the forecast before you come to school and dress for the weather.
- Wearing a couple of layers might keep you comfortable if it is cold in the morning and warm in the afternoon.

8. All of that walking will make me hungry. What will I do for food on the Walk day?

- The food options are; bring your food from home, buy food from the Caf. or buy food from the food trucks at The Walk. You will not be allowed to leave the school to go and get lunch.

9. How many “Walks” have there been?

- This Walk will be the 46th SPSHS Walk!

10. Is The Walk optional?

- Nope! The Walk is a mandatory event for students to attend. We promise you that it will be better than sitting in classes all day long!

11. I have heard that there are Walk Sweatshirts that can be purchased, how do I get one?

- For the past several years the SPSHS Student Council has designed a “Walk Sweater” that students may purchase to wear on Walk Day and afterwards as SPSHS dress code. Sweaters are an optional purchase.
- This year, the Student Council is a black crewneck with a simple black shiny vinyl that says “The Walk” across the chest and SPSHS, SMA and BH emblems on the right sleeve.
- A Walk sweater can be purchased for \$33 via the Permission Click form. If we have extras after registration has closed on September 13th we will begin selling them in person for cash.

12. I still have more questions and my teacher is unable to answer them. Where can I find answers?

- Contact Ms. Rellinger via Teams with your questions or find one of your Student Council members at school!