

February 27, 2026

Dear Parents and/or Guardians,

On Tuesday, March 17<sup>th</sup>, 2026, the St. Paul's High School Student Council will be hosting our annual Winter Sports Day. Students will have the opportunity to choose one (1) of our fifteen (15) morning activity choices to participate in, as well as activities in the MultiPlex in the afternoon. Further details about each morning activity are included in this letter.

The day will begin with attendance at 8:50 am for all students. From there, students will participate in their morning activities, returning for the 'St. Paul's Olympics' event in the afternoon. Except for those whose activity station is at the school, all students will depart the school at ~9:00 am and will be bussed to their registered activity. All students will return to the school at approximately 12:00 pm for lunch. Lunch will take place between 12:00-1:05 pm. All students will then participate in the 'St. Paul's Olympics' in the MultiPlex until ~3:00 pm, after which they will be dismissed.

*Please note that students are to be dropped off at the Student Parking Lot off Bower Blvd on the morning of March 18<sup>th</sup>. Students and parents/guardians should avoid the MultiPlex parking lot as this will be where the buses are parked to pick up students.*

Attendance is mandatory as this is an all-school event. If a student fails to register for one of the morning activities end of the school-day on Friday, March 6<sup>th</sup>, that student will be assigned all-day study hall (9:00 am - 3:00 pm). Students attending study hall will not be permitted to participate in the Olympics in the afternoon.

Students are welcome to bring their own lunch or purchase food from the cafeteria. Some activity facilities may have canteens open; this information is available to students and parents/guardians beforehand. All students should ensure they are dressed appropriately for their chosen activity and if required, their venue waivers are signed ahead of time. Students are also encouraged to dress in their core group's assigned colour for the 'Olympics'.

A link will be sent via email to parent/guardian contacts on Monday, March 2<sup>nd</sup>. This will allow you to register your son(s) online for their chosen morning activity, grant permission for them to participate in Winter Sports Day, as well as sign a waiver/acknowledgement of risk form on their behalf. Fees collected include the activity fee, bus fee, and processing fee. All payments will be made online.

**Registration will open on Monday, March 2<sup>nd</sup> at 12:00 pm. The deadline to sign up is Saturday, March 7<sup>th</sup>.**

**All events will be filled on a first come, first served basis.** A spot for your son's activity will not be guaranteed until a Permission Click form is completed. This includes 3 on 3 Hockey that requests students to enter as teams; all members of the team must be registered in order for that team to be made. If there are students registered without a team, they will be placed on a team. Students should bring their team roster to Ms. Rellinger in Room 127 ASAP after registration is completed.

If there are any issues with Permission Click or questions about the day, please contact Ms. Keana Rellinger, Student Council Moderator, at [krellinger@stpauls.mb.ca](mailto:krellinger@stpauls.mb.ca).

Yours truly,  
The 2025-2026 St. Paul's High School Student Council

# WINTER SPORTS DAY

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## **Morning Activity #1: 3 on 3 Hockey Tournament** at Canlan Sports

Students must sign up in groups of three. If signing up individually, students will be assigned to a team. Teams will be of varying skill levels and will play each other following a round robin format, with playoff rounds. Please note: each team should contain no more than two Cru hockey players per team. Students will be responsible for bringing their own skates, helmet and stick to the event. Helmets must be worn.

**Cost per Student: \$21**      **Maximum Number of Participants: 60**  
(30 in the Gr. 9/10 division; 30 in the Gr. 11/12 division)

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## **Morning Activity #2: 4 on 4 Basketball Tournament** at SPHS MultiPlex

Students must sign up in groups of four. If signing up individually, students will be assigned to a team. Please note: Each team should contain no more than two Cru basketball players. No "spares" should be registered on teams. Teams will play in a round robin format with playoffs.

**Cost per Student: FREE**      **Maximum Number of Participants: 64**  
(32 in the Gr. 9/10 division; 32 in the Gr. 11/12 division)

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## **Morning Activity #3: Activate** at Activate Games (Winnipeg West location; Westwood)

Once arrived, students will form teams consisting of 3-5 players and play a variety of interactive video games for 75 minutes. Students must wear clean indoor shoes and are encouraged to bring a water bottle. Please Note: Activate requires that students and parents sign a waiver before they participate in this activity (this is true regardless of whether or not they have filled out a waiver previously). Waivers can be completed online at: <https://waiver.activate.ca>. Please select 'Winnipeg West' when prompted for a location. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$28**      **Maximum Number of Participants: 45**

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## **Morning Activity #4: Arcade Games** at Rec Room

Students will be given a 'time play band' and are free to play arcade games at Rec Room for the allotted 2 hours. Students will not be able to participate in any of the special attractions (bowling, axe throwing, rapidshot, etc.) No food will be available for purchase at the venue until 11:00 am.

**Cost per Student: \$37**      **Maximum Number of Participants: 70**

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## **Morning Activity #5: Billiards** at The Hidden Pocket (Scurfield location)

Students will have 2 hours to play as many billiards games as they would like, either in small teams or individually. Food will be available for purchase at the venue.

**Cost per Student: \$18**      **Maximum Number of Participants: 45**

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**Morning Activity #6: Bouldering and Wall Climbing at The Hive**

Students will receive instruction on the basics of bouldering/wall climbing from The Hive staff and will then spend the morning on the climbing structures at the facility. Climbing shoes will be provided.

Please Note: The Hive requires that students and parents sign a waiver before they participate in this activity (this is true regardless of whether or not they have filled out a waiver previously). Waivers can be completed online. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

Age 0-17: <https://waiver.smartwaiver.com/w/5f31841ce4c1b/web/>

Age 18+: <https://waiver.smartwaiver.com/w/5f317a680c338/web/>

**Cost per Student: \$23**

**Maximum Number of Participants: 40**

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**Morning Activity #7: Bowling at Westwood Lanes and Games**

Students will be assigned a lane (approx. five students/lane) and allowed to bowl as many ten pin or five pin games as possible over the course of two hours. Food will be available to purchase.

**Cost per Student: \$26**

**Maximum Number of Participants: 45**

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**Morning Activity #8: Card Club at SPSHS Aulneau Room**

In lieu of participating in an athletic activity, students can opt to remain at the school and participate in a variety of board and card games. Students are welcome to bring their favourite card and board games from home if they choose, games will also be provided by teacher supervisors.

**Cost per Student: FREE**

**Maximum Number of Participants: 30**

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**Morning Activity #9: Escape Rooms at Enigma Escapes (Grant Mall location)**

Upon arrival students will separate into small groups of 4-8 people and participate in two escape rooms (60 minutes each). Current rooms at Enigma Escapes Grant include School of Sorcery, Butcher of the Catacombs, Dark Hedges: A Spooky Fairytale Escape, What Happened in Raven Woods?, Shady Grove Sanatorium, and Hollywood Pizza.

**Cost per Student: \$53**

**Maximum Number of Participants: 34**

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**Morning Activity #10: Field Sports at WPG Soccer Federation South Complex (U of M)**

Students will be free to scrimmage and/or participate in skill building drills/competitions run by themselves. Equipment available will be in relation to football, rugby, ultimate, and soccer. Students are required to have clean, indoor shoes to wear at the venue. No food or drink (other than water) is permitted on the field surface. Change rooms will be made available.

**Cost per Student: \$17**

**Maximum Number of Participants: 70**

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**Morning Activity #11: River Skating** at the Forks

Upon arrival, students will be allowed to skate (or walk) along the River Trail over the course of two hours. In addition to skating, students can explore The Forks Market where food and warm drinks are available for purchase. Students can bring their own skates or rental skates are available (only from 10 am and on) for an additional \$7. Helmets are required. ***\*\*This activity is weather dependent.***

**Cost per Student: \$7****Maximum Number of Participants: 40**

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**Morning Activity #12: Indoor Golf** at Golf Dome

Upon arrival, students be able to spend time at the driving range stations, in the virtual golf bays and on the mini putt course. Students between activities within the time frame and students are welcome to bring their own golf clubs. 1 iron and 1 driver will be provided at each driving range station and 1 iron will be provided per virtual bay. The restaurant/canteen will be open, no outside food or beverages besides personal refillable water bottles are permitted.

**Cost per Student: \$22****Maximum Number of Participants: 45**

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**Morning Activity #13: Indoor Trampoline** at Fun Park (Wilkes Ave.)

Students will spend the morning exploring the Fun Park facility which includes access to trampolines, dodgeball, Dunk Zone, Ninja Course, Battle Beam, Foam Pit, indoor playground and rock-climbing wall. Please Note: Fun Park requires that students and parents sign a waiver before they participate in this activity. (This is true regardless of whether or not they have filled out a waiver previously.) Waivers can be completed online at: <https://waiver.funparkcanada.ca/waiver/landing>. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$34****Maximum Number of Participants: 45**

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**Morning Activity #14: Laser Tag** at LaserTopia (Waverly location)

Upon arrival students will be split into small groups and will play several games of laser tag over the course of two hours. Please Note: LaserTopia requires that students and parents sign a waiver before they participate in this activity. (This is true regardless of whether or not they have filled out a waiver previously.) Waivers can be completed online at: <https://www.lasertopia.ca>. Please note that it is the student's responsibility to have their waiver filled out by a parent/guardian before Winter Sports Day.

**Cost per Student: \$25****Maximum Number of Participants: 45**

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**Morning Activity #15: Video Game Tournament** at SPHS classrooms

Students will have the option of playing four different video games: NHL, 2K, FIFA and Madden. Each variation will take place in a different classroom with teacher supervisors and Student Council members helping facilitate the tournament. Consoles to be used are: PlayStation and Xbox.

**Cost per Student: FREE****Maximum Number of Participants: 32**

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